



# PIKA TRIPS AND TRAINING CALENDAR 2024

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## PACIFIC INTERNATIONAL KAYAK ASSOCIATION

### 2024 TRIPS and TRAINING CALENDAR

#### WELCOME

Welcome to our 2024 PIKA trips and training calendar, your guide to getting on the water. PIKA's trip facilitators spend a lot of time researching tides, currents, locations etc. to create this calendar. It includes trips, clinics and practices that appeal to every skill level. The number of participants on a trip may be limited, so sign up early. Consult the [PIKA trip classification system](#) on page 3 to determine if a trip may be suitable for you. Discuss your skills with the facilitator if necessary. The *method* of signing up for a trip is outlined below on this page.

Please note that there are no "drop in" trips. You *must* contact a trip facilitator to sign up by the signup date given in the writeup or, if none is given, at least 2 days prior to a day trip and even earlier for a weekend or full week trip. "Drop in" doesn't work because trip launch sites can be changed, group size may be limited, trips may be cancelled or rescheduled and if you have not spoken to the facilitator, you may find yourself alone on the beach. In addition, a float plan must be filed by the facilitator and your emergency contact information is required ahead of time in order to do this. Please make sure you get a confirmation back from the facilitator when you sign up.

Remember, our trips must have a minimum of 3 paddlers (facilitator plus 2 more) for safety, including ability to respond to emergency situations.

#### MESSAGE FROM OUR PRESIDENT

Hello everyone, our 2024 calendar contains 67 trips: day paddles, weekend trips and trips of 1 to 2 weeks duration. In 2023 we were able to run 49 of our planned 58 trips. We are still the most active kayak club on the west coast.

Besides our trips, we offer a variety of [training opportunities](#), including our enhanced re-entry clinics. PIKA members are required to practice solo and assisted re-entries every year to be eligible to join PIKA trips. We are again offering outdoor practice sessions during the spring to allow members to practice their solo and assisted re-entries. At these sessions, PIKA instructors demonstrate re-entry techniques and then you practice them.

Our re-entry clinics are modelled on Paddle Canada re-entry and rescue clinics and cover updated re-entry techniques as well as various approaches to rescue before re-entry attempts. By attending 1 of these clinics, you satisfy the PIKA annual requirements until May 31, 2025.

There is no charge for the re-entry clinics for PIKA members. Plan to attend one of these morning re-entry clinics: May 4 at Sasamat Lake, May 11 at Rolley Lake and June 1 at Sasamat Lake.

Outdoors is still the best place to be. I hope to see you all out on the water.

#### HOW TO SIGN UP FOR A TRIP

When you select a trip to sign up for, ensure that your skills meet the paddle's PIKA classification. The facilitator may not allow you on the trip if they feel that you don't meet that classification. For the required equipment for a trip, see the [PIKA Paddler Guidelines](#).

To sign up for a trip, contact the facilitator by email at least 2 days before the trip or by the date specified in the trip description and provide the following information. The preferred way to submit this data is by using the PIKA float plan participant data spreadsheet found on the [Facilitator Resources page](#).

- Your name
- Number of years of paddling experience or your Paddle Canada or equivalent skill level
- Name of manufacturer of your kayak and its colour
- Your cell phone number
- Emergency contact name and phone number
- Your vehicle's manufacturer, model, colour and license plate number
- Your MMSI number if you are bringing a VHF radio

In the body of the email include medical issues that the facilitator needs to be aware of. The facilitator will then send you detailed information about the trip.



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#### TRIP CLASSIFICATION SYSTEM

PIKA applies the classification system described below in its trip calendar to indicate the expected skills/degree of difficulty (1-4) and distance involved and physical effort necessary (A-D) for a PIKA trip.

A trip classification is set by the most difficult and most strenuous part of the trip. It does not take into account changes in sea conditions or weather which may change trip classification unexpectedly.

For the required equipment for a trip, see the [PIKA Paddler Guidelines](#).

<b>TRIP CLASSIFICATION and PREREQUISITE SKILLS</b>	<b>A–Not Strenuous</b> •Less than 3 hours per day •Less than 6 nmi •Sheltered spots	<b>B–Moderately Strenuous</b> •3 to 5 hours per day •6 to 10 nmi •Some sheltered spots	<b>C–Strenuous</b> •5 to 6 hours per day •10 to 15 nmi •Infrequent sheltered spots	<b>D–Very Strenuous</b> •More than 6 hours per day •More than 15 nmi •Few or no sheltered spots
<b>1–Easy</b> •Minimal paddling skills •Assisted re-entry skills •Protected inland waters •Moderate wind effects •Weak to moderate current •Easy to moderate landings	↓ <b>1A</b>	↓ <b>1B</b>	↓ <b>1C</b>	↓ <b>1D</b>
<b>2–Moderate</b> •Basic paddling, able to brace •Self/assisted re-entry skills •Sheltered/partly-sheltered coastal waters •Moderate wind effects •Weak to moderate current •Easy to moderate landings	→ <b>2A</b>	<b>2B</b>	<b>2C</b>	<b>2D</b>
<b>3–Difficult</b> •Good paddling, sea skills •Self/assisted re-entry skills •Open coast, exposed water, crossings and swells. •Moderate to strong wind effects •Moderate to strong current •Surf and difficult landings	→ <b>3A</b>	<b>3B</b>	<b>3C</b>	<b>3D</b>
<b>4–Very Difficult</b> •Advanced paddling and sea skills •Self/assisted re-entry and rolling skills •Strong individual paddler •Long open crossings •Exposed coast •Turbulent water, chop •Strong wind effects, large swells •Strong current •Surf and difficult landings	→ <b>4A</b>	<b>4B</b>	<b>4C</b>	<b>4D</b>

**YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY ON ALL TRIPS.** Make sure you have the skill level, the physical strength and endurance and the right equipment. Do not go out in conditions that you are uncomfortable with. Kayaking conditions are variable and contain unpredictable elements that make any attempt to grade inexact.



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# JANUARY

You must be a PIKA member for 2024 to participate in any trip in this calendar.

<b>Monday</b> <b>January</b>	<b>1B</b>	<b>Deep Cove Penguin Plunge</b> <b>New Year's Day</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<b>1</b>	Launch: Barnet Marine Park. On the water: 12:30pm. Every year crowds gather to participate and watch hundreds of brave souls in swimsuits and funny costumes celebrate the New Year. The swim kicks off at 2pm. We will be on the water at 12:30 pm for a short paddle to Jug Island then to Deep Cove to observe the event and the huge bonfire. We should be off the water by 3pm. Dress warmly and bring a hot beverage and lunch. Wetsuit or drysuit required. Wheels are necessary for launch. Sign up by Friday, December 29.		
<b>Saturday</b> <b>January</b>	<b>2B</b>	<b>Upper Burrard Inlet</b>	Facilitator: Philip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>
<b>13</b>	Launch: Rocky Point Park. On the water: 10am. Circumnavigate upper Burrard Inlet from Rocky Point to Belcarra picnic area and back. 10 nautical miles. Wear a wetsuit or drysuit. Bring water and lunch. Sign up by Wednesday, January 10.		
<b>Friday</b> <b>January</b>	<b>3C</b>	<b>Ladner to Steveston</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<b>26</b>	Launch: Sharkey's 4953 Chisholm Street in Ladner. On the water: 10am. Paddle to Steveston for lunch. Bring lunch and drink...something warm would be a good idea. Wetsuit or drysuit required. Back about 3:30 pm. Sign up by Tuesday, January 23.		



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# FEBRUARY

<b>Saturday</b> <b>February</b> <b>3</b>	<b>Facilitator Training</b>  Location: Langley. Starts: 10am. Ends: 2pm. Instructors: Pat Jones, John Bakker, Cathy Cook If you are facilitating a trip, it is mandatory that you attend this training every 2 years. We go over a lot of material including scenarios both actual and hypothetical. Plus meet up with your fellow facilitators. PIKA members who are not facilitating a trip but are interested in doing so in the future are welcome to attend, but please notify Pat Jones so she can add you to the list. Lunch can be ordered from the restaurant next door or you can bring your own. Bring beverage mug. Coffee and tea provided. Sign up by Saturday, January 27.	Contact: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<b>Saturday</b> <b>February</b> <b>10</b>	<b>1B</b> <b>Cultus Lake</b>  Launch: Spring Bay Picnic Area (about 800 metres south of Jade Bay). On the water: 10am. This paddle is a relaxing circumnavigation of Cultus Lake. We will explore the nooks and crannies, paddle past the beautiful waterfront "cabins", stop for a lunch about half way before continuing around the lake. This is a <b>leisurely 3-to-4-hour excursion</b> depending on how long we take for lunch. Sign up by Wednesday, February 7.	Facilitator: Bruce Fisher <a href="mailto:brufish2@gmail.com">brufish2@gmail.com</a>



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# MARCH

<b>Saturday</b> <b>March</b>	<b>2B</b>	<b>Deep Cove to Buntzen Power Station</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<b>2</b>	Launch: Deep Cove. On the water: 10am. Paddle up the west side of Indian Arm to Thwaytes Landing for lunch. Cross over to the Buntzen power station and then follow the shoreline to Twin Islands for a break. From Twin Islands we will paddle across to Raccoon Island before crossing back to the west side of Indian Arm to return to Deep Cove. Total length 10 nautical miles. Expected return 4pm. Wetsuit or drysuit required; expect cold conditions. Remember to bring a lunch and water. Sign up by Wednesday, February 28.		
<b>Sunday</b> <b>March</b>	<b>2B</b>	<b>English Bay</b>	Facilitator: Philip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>
<b>3</b>	Launch: Locarno Trimble Street parking lot. On the water: 10am. Circumnavigation of English Bay, including a 3 nautical mile crossing. 8 nautical miles total. Wear a wetsuit or drysuit. Bring water and lunch. Sign up by Thursday, February 29.		
<b>Sunday</b> <b>March</b>	<b>2B</b>	<b>Stave Lake</b>	Facilitator: James Jordan <a href="mailto:jjmjordan51@gmail.com">jjmjordan51@gmail.com</a>
<b>10</b>	Launch: Stave Lake Boat Launch. On the water: 10:30am Paddle up the lake to Lone Tree Island, maybe further if everyone is up to it. Wetsuit or drysuit needed as the water will be refreshingly cool. As required with all trips, lunch and suitable liquid refreshment is to be brought along.		
<b>Saturday</b> <b>March</b>	<b>2C</b>	<b>Whytecliff Park to West Vancouver</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<b>16</b>	Launch: Whytecliff Park. On the water: 10am. Launch from Whytecliff Park and follow the shoreline past Lighthouse Park. We will stop for lunch at West Bay Park and return; total distance 12 nautical miles. Finish time 3 pm. A wetsuit or drysuit is required; expect cold conditions. Remember to bring a lunch and water. Sign up by Wednesday, March 13.		



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# MARCH

<b>Sunday</b> <b>March</b>  <b>17</b>	<b>1B</b>	<b>DeBoville Slough</b>	Facilitator: Cathy Cook <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>
		<p>Launch: Harris Road/Silver Bridge. On the water: 10am.</p> <p>DeBoville Slough is a hidden gem off Pitt River just south of Minnekhada Regional Park. Ducks, geese, eagles, osprey, swans and turtles are often sighted on this trip. With the right water levels, you can go through huge culverts below the development in Coquitlam.</p> <p>Launch onto the Alouette River at Harris Road, paddle across the Pitt River and up DeBoville Slough. Lunch on Goose Bar before circumnavigating the bar and returning back to our launch point.</p> <p>Drysuit or wetsuit required at this time of year.</p> <p>Sign up by Wednesday, March 13.</p>	
<b>Saturday</b> <b>March</b>  <b>23</b>	<b>1B</b>	<b>Brae Island to Kanaka Creek</b>	Facilitator: John Halliday <a href="mailto:johall88@telus.net">johall88@telus.net</a>
		<p>Launch: Brae Island beach. On the water: 10am</p> <p>Paddle up and around Brae Island and cross to the north bank of the Fraser. Continue up Kanaka Creek for lunch and return by crossing to Tavistock Point on Brae Island. Drysuit or wetsuit required. Wheels recommended.</p> <p>Sign up by Wednesday, March 20.</p>	
<b>Saturday</b> <b>March</b>  <b>30</b>	<b>2B</b>	<b>Belcarra to Twin Islands</b>	Facilitator: Martin Desbois <a href="mailto:mtydes@hotmail.com">mtydes@hotmail.com</a>
		<p>Launch: tæmtæmíxʷtæn / Belcarra Regional Park. On the water: 9:30am.</p> <p>Day paddle to Jug Island, Bedwell Bay and Farrer Cove with lunch on Twin Islands. Distance 8-10 nautical miles. Wetsuit or drysuit required.</p> <p>Sign up by Thursday, March 28.</p>	





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# APRIL

<b>Wednesday</b> <b>April</b> <b>3</b>	<b>2A</b>	<b>Wigeon Creek with Hike to Falls</b>	Facilitator: Kathy Futcher <a href="mailto:kfutcher1@gmail.com">kfutcher1@gmail.com</a>
<p>Launch: Grant Narrows. On the water: 10am.</p> <p>Paddle across end of Pitt Lake and then up the sheltered waters of Widgeon Creek to campsite. Can be some current to cross. If you wish to hike to the falls, bring hiking shoes and layered clothing. Bring a lunch and hot drink. Paddle time approximately 45 minutes each way. The hike takes approximately 2 hours. Wetsuit or drysuit required.</p> <p>Sign up by Thursday, March 31.</p>			
<b>Saturday</b> <b>April</b> <b>6</b>		<b>Deck Line Clinic</b>	Contact: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
<p>Location: Harmsworth Hall, 7170 232 Street, Langley.</p> <p>Morning session at 9am. Afternoon session at 1pm.</p> <p>Instructors: Doug Childress, James Jordan</p> <p>Good deck rigging is the key to a successful re-entry after a capsize. See our article on recommended deck line rigging: <a href="http://pikakayak.com/deck-lines/">http://pikakayak.com/deck-lines/</a></p> <p>Come to our workshop to replace or reconfigure static perimeter lines and shock cord lines. Add reflective lines, rescue handles or paddle grip straps. Get tips on minor rudder/skeg service. Become familiar with commonly-used knots.</p> <p>We have reflective deck line, shock cord and tubing on hand. We do not stock quick release paddle grip rescue straps but you can buy these from Western Canoe or Skyview. <a href="https://westerncanoeandkayak.com/nimbus-universal-rescue-strap/">https://westerncanoeandkayak.com/nimbus-universal-rescue-strap/</a>. For the installation of quick release straps, you will probably also need 4 stainless steel bolts and 8 stainless fender washers. Note that we are not set up to drill holes in your boat.</p> <p>Fee: \$10 per boat payable on registration, plus the cost of material payable at the event.</p> <p><b>Bring sawhorses if you have them. Bring a pair of kayak foam blocks if you have them, to set your kayak on.</b></p> <p>Sign up by Friday, March 29 for either the morning or afternoon session.</p>			
<b>Saturday</b> <b>April</b> <b>6</b>	<b>2A</b>	<b>Ladner Sunset</b>	Facilitator: Brenda Viala <a href="mailto:brenda.bjboo@gmail.com">brenda.bjboo@gmail.com</a>
<p>Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 7pm</p> <p>Join us for a relaxing paddle within the Ladner Marsh. The sun sets at 7:51pm.</p> <p>Stop at this launch location to drop off your gear and park your vehicle in the large parking lot across the street. Some may choose to enjoy dinner at Speed's Pub prior to our paddle.</p> <p>Wetsuit or drysuit required. Working deck lights are mandatory.</p> <p>Sign up by Thursday, April 4.</p>			





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# APRIL

<b>Sunday</b> <b>April</b> <b>7</b>	<b>1A</b>	<b>Sasamat Lake</b>	Facilitator: Sarah Cummins Text to 604-786-7191
Launch: Sasamat Lake. On the water: 9:30am Spring warm-up. Sign up by Thursday, April 4.			
<b>Saturday</b> <b>April</b> <b>13</b>	<b>1A</b>	<b>Sasamat Lake</b>	Facilitator: Sarah Cummins Text to 604-786-7191
Launch: Sasamat Lake. On the water: 9:30am Spring warm-up. Sign up by Wednesday, April 10.			
<b>Sunday</b> <b>April</b> <b>14</b>	<b>3D</b>	<b>Alouette Lake</b>	Facilitator: Jonas Lindgren <a href="mailto:jonas@piccolosoft.com">jonas@piccolosoft.com</a>
Launch: Alouette Lake South Beach. On the water: 8am Paddle to the end of the lake following the east shoreline and returning on the west side. This is a full day paddle covering 20 nautical miles. Drysuit or wetsuit required. Bring lunch and snacks and warm clothing. Be prepared for windy conditions. Return by 4pm.			
<b>Sunday</b> <b>April</b> <b>14</b>	<b>3D</b>	<b>Chilliwack to Ladner</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
Launch: Island 22. On the water: 7am We will launch at Island 22 in Chilliwack and paddle all the way to Ladner. Our launch time will be 7:00 am. The paddle will be 10 hours long. The paddle is 60 miles long. Drysuit or a wetsuit mandatory. Bring a lunch and drink. We will arrange the shuttle closer to the date.			
<b>Saturday</b> <b>April</b> <b>20</b>	<b>Towing Clinic</b>	<b>Sasamat Lake</b>	Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a>
Launch: White Pine Beach, Sasamat Lake. On the beach: 9:30am. Instructors: Doug Childress, Martin Desbois, Vincent Law Transport Canada requires a 15-meter heaving line for ocean trips. But that is just the basics. Join us to discuss and practice various towing options for both solo and group towing scenarios. Learn how to manage fatigue, injury and illness on the water. Review towing gear options. Bring what gear you have and check out options. Practice your techniques now, before the emergency. Fee \$20.00. Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful. Sign up by Friday, April 12.			



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# APRIL

<b>Sunday</b> <b>April</b> <b>21</b>	<b>2B</b>	<b>Chilliwack Lake</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
<p>Launch: Chilliwack Lake Provincial Park. On the water: 10:30am Launch from the beach with parking and washroom at the site. Parking is at a premium so don't be late! Paddle the length of the lake which is approximately 10 nautical miles return. We will spend some time investigating Chilliwack River at the south end of the lake. Wetsuit or drysuit required. This lake is very cold. Bring lunch, drinks and snacks. Sign up by Thursday, April 18.</p>			
<b>Sunday</b> <b>April</b> <b>21</b>	<b>1B</b>	<b>Hayward Lake</b>	Facilitator: Anthea <a href="mailto:ab11@shaw.ca">ab11@shaw.ca</a>
<p>Launch: Beach beside boat launch. On the water: 10am This easy paddle around the lake will be about 3 hours. We will stop for lunch near the south end of the lake where there is a beach and outhouse. We can practise turns, edging, etc. around the stumps that are protruding at various places in the lake. Wetsuit or drysuit required. Sign up by Thursday, April 18.</p>			
<b>Saturday</b> <b>April</b> <b>27</b>	<b>PIKA All Trainers Symposium</b> <b>Sasamat Lake</b>		Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a>
<p>Launch: White Pine Beach, Sasamat Lake. On the water: 9:30am. This symposium is for the PIKA trainers who will conduct the PIKA re-entry and rescue clinics. Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful. Sign up by Friday, April 19.</p>			
<b>Sunday</b> <b>April</b> <b>28</b>	<b>1B</b>	<b>Nicomen Slough</b>	Facilitator: Cathy Cook <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>
<p>Launch: Dewdney Boat Launch. On the water: 10am. We put in at the Dewdney Boat Launch near where Nicomen Slough empties into the Fraser River. You can access this by turning south off the Lougheed Highway onto River Road South. We will paddle up the slough, to or past the mouth of Norrish Creek, and possibly up the creek for lunch before returning to the launch site. Bring a garbage bag as there is usually lots of "treasure" to clean up off the banks of the slough, unfortunately. Dry suit or wet suit may be required. To complete the paddle, we will be heading to the Dewdney Pub (Church of the Blues) for a de-brief. Sign up by Thursday, April 25.</p>			



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# APRIL

**Sunday**

**3C**

**Alouette Lake**

Facilitator: Kathy Fitcher  
[kfitcher1@gmail.com](mailto:kfitcher1@gmail.com)

**April**

**28**

Launch: Alouette Lake Boat Launch. On the water: 10am.  
Paddle to the Narrows for lunch. Wetsuit or drysuit required. Bring lunch and hot drink. Estimate 4 pm return. 12 nautical miles.  
Sign up by Thursday, April 25.



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# MAY

<p><b>Saturday</b> May  4</p>	<p><b>PIKA Re-entry and Rescue Clinic</b>  <b>Sasamat Lake</b>  <b>Session is full, registration closed</b></p> <p>Launch: White Pine Beach, Sasamat Lake. On the water: 9am.  Instructors: Philip Kubik, Kevin Hall, Ted Lam  Duration approximately 3.5 hours.</p> <p>Annual re-entry practice is a requirement to join all PIKA paddle trips. PIKA provides instruction by way of our enhanced re-entry clinic, modelled on Paddle Canada re-entry and rescue clinics. The clinic covers updated re-entry techniques as well as various approaches to rescue before and after re-entry attempts. This clinic satisfies the PIKA annual requirements until May 31, 2025.</p> <p>Fee: No charge to PIKA members.</p> <p>You will get wet. Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful.</p> <p>Sign up by Wednesday, May 1.</p>	<p>Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a></p>
<p><b>Saturday</b> May  4</p>	<p><b>Introduction to Rolling</b>  <b>Sasamat Lake</b>  <b>Session is full, registration closed</b></p> <p>Launch: White Pine Beach, Sasamat Lake. On the beach: 1:30pm.  Instructors: Philip Kubik, Kevin Hall, Ted Lam</p> <p>Rolling your kayak is the absolute best recovery technique. Learn to do it in a safe setting. Sign up early for this popular clinic. Some paddlers appreciate bringing nose plugs and swim goggles.</p> <p>Fee \$20. Class size limited.</p> <p>Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful.</p> <p>Sign up by Wednesday, May 1.</p>	<p>Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a></p>
<p><b>Sunday</b> May  5</p>	<p><b>Paddle Canada Basic Kayak Skills</b>  <b>Sasamat Lake</b></p> <p>Launch: White Pine Beach, Sasamat Lake. On the water: 9am.  Finish approximately 4:30pm  Instructors: John Bakker, Pat Jones, Brent Vernon</p> <p>For members who have recently joined the club, this is a 1-day Paddle Canada-certified course that covers all the basic skills you need to get started kayaking with PIKA, including re-entry practice. This course is also the prerequisite for the next Paddle Canada sea kayak skills level.</p> <p>Limited class size. Fee \$75.00</p> <p>You will get wet. Wetsuit or drysuit recommended. Pay parking. Park in Parking Lot F. Wheels are helpful.</p> <p>Sign up by Thursday, May 2.</p>	<p>Contact: Pat Jones  <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a></p>



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# MAY

<b>Sunday</b> May <b>5</b>	<b>3C</b> <b>Westham Island</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
<p>Launch: Elliot St wharf (Sharkey's) in Ladner. On the water: 9:30am. We should be back by 3:00 at the latest and most likely by 2:00 pm. Wetsuit or drysuit mandatory. Bring a snack.</p>		
<b>Saturday</b> May <b>11</b>	<b>PIKA Re-entry and Rescue Clinic</b> <b>Rolley Lake Park</b> <b>Session is full, registration closed</b>	Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a>
<p>Launch: Rolley Lake Park. On the water: 9am. Instructors: Doug Childress, James Jordan, George Siudut Duration: approximately 3.5 hours. Annual re-entry practice is a requirement to join all PIKA paddle trips. PIKA provides instruction by way of our enhanced re-entry clinic, modelled on Paddle Canada re-entry and rescue clinics. The clinic covers updated re-entry techniques as well as various approaches to rescue before and after re-entry attempts. This clinic satisfies the PIKA annual requirements until May 31, 2025. Fee: No charge to PIKA members. You will get wet. Wetsuit or drysuit recommended. Parking and bathrooms are close to the beach, but there are no dedicated change rooms. Sign up by Wednesday, May 8.</p>		
<b>Saturday</b> May <b>11</b>	<b>Rolling Introduction and Review</b> <b>Rolley Lake Park</b> <b>Session is full, registration closed</b>	Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a>
<p>Launch: Rolley Lake Park. On the water: 1:30pm. Instructors: Doug Childress, George Siudut Whether you are a beginner or just need some review and practice, come out to develop this important skill. Consider bringing a paddle float and swim goggles. Fee \$20. Limited class size. Wetsuit or drysuit required. Sign up by Wednesday, May 8.</p>		



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# MAY

<b>Friday- Tuesday</b>  <b>May</b>  <b>17-21</b>	<b>2B</b>	<b>Wallace Island from Chemainus</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
<b>Monday- Thursday</b>  <b>May</b>  <b>20- 23</b>	<b>2B</b>	<b>Sechelt Inlet</b>	Facilitator: Martin Desbois <a href="mailto:mtydes@hotmail.com">mtydes@hotmail.com</a>
<b>Tuesday- Tuesday</b>  <b>May</b>  <b>21- 28</b>	<b>3C</b>	<b>Broken Group Islands</b>	Facilitator: Kathy Futcher <a href="mailto:kfletcher1@gmail.com">kfletcher1@gmail.com</a>



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# MAY

<b>Friday-Sunday</b> May <b>24-26</b>	<b>3C</b>	<b>D'Arcy Island</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<b>Saturday</b> May <b>25</b>	<b>1B</b>	<b>Hayward Lake</b>	Facilitator: Anthea <a href="mailto:ab11@shaw.ca">ab11@shaw.ca</a>
<b>Saturday Sunday</b> May <b>25-26</b>	<b>Paddle Canada Sea Kayak Level-1 Skills – Lower Mainland</b>	Contact: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>	

**Friday-Sunday**  
May  
**24-26**

**3C**

**D'Arcy Island**

Facilitator: John Bakker  
[jbakker042@gmail.com](mailto:jbakker042@gmail.com)

Friday: Wheel on the 9am ferry, Tsawwassen to Swartz Bay. After wheeling out of the terminal Launch from the end of Barnacle Road, paddle south past Sidney Island to D'Arcy Island.

Saturday: explore D'Arcy and little D'Arcy

Sunday morning, we will pack up camp and return to Swartz Bay, arriving by 3pm. Reservations not required for ferries or camping. Wetsuit or drysuit required. Sign up by Friday, May 10.

**Saturday**  
May  
**25**

**1B**

**Hayward Lake**

Facilitator: Anthea  
[ab11@shaw.ca](mailto:ab11@shaw.ca)

Launch: Beach beside boat launch. On the water: 10am

This easy paddle around the lake will be about 3 hours. We will stop for lunch near the south end of the lake where there is a beach and outhouse. We can practise turns, edging, etc. around the stumps that are protruding at various places in the lake. Wetsuit or drysuit required.

Sign up by Thursday, May 23.

**Saturday Sunday**  
May  
**25-26**

**Paddle Canada Sea Kayak Level-1 Skills – Lower Mainland**

Contact: Doug Childress  
[doug\\_childress@hotmail.com](mailto:doug_childress@hotmail.com)

Instructors: Doug Childress, Sonny Zlotnik

This Paddle Canada-certified course includes 2 days on the water plus an evening Zoom session. This course includes all re-entries required to join PIKA kayak trips. Course description can be viewed here:  
<https://www.paddlecanada.com/levels/sea-kayak/akasharkbow/>

Prerequisites: Paddle Canada Basic Kayak Skills certification or equivalent skill and knowledge at the discretion of the course director.

Fee: \$150. Limited class size. Wetsuit or drysuit required.

Sign up by Friday, May 17.





**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# JUNE

<b>Saturday</b> <b>June</b> <b>1</b>	<b>PIKA Re-entry and Rescue Clinic</b> <b>Sasamat Lake</b>  Launch: White Pine Beach, Sasamat Lake. On the water: 9am. Instructors: John Bakker, Pat Jones, Scott Gable, Daryl Spencer Duration: approximately 3.5 hours.  Annual re-entry practice is a requirement to join all PIKA paddle trips. PIKA provides instruction by way of our enhanced re-entry clinic, modelled on Paddle Canada re-entry and rescue clinics. The clinic covers updated re-entry techniques as well as various approaches to rescue before and after re-entry attempts. This clinic satisfies the PIKA annual requirements until May 31, 2025.  This is our last re-entry clinic for the season.  Fee: No charge to PIKA members.  You will get wet. Wetsuit or drysuit recommended. Pay parking. Park in Parking Lot F. Wheels are helpful.  Sign up by Wednesday, May 29.	Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a>
<b>Saturday</b> <b>June</b> <b>1</b>	<b>Rolling Introduction and Review</b> <b>Sasamat Lake</b>  Launch: White Pine Beach, Sasamat Lake. On the water: 1:30pm. Instructors: John Bakker, Pat Jones, Scott Gable, Daryl Spencer  Rolling your kayak is the absolute best recovery technique. Learn to do it in a safe setting. Sign up early for this popular clinic. Some paddlers bring nose plugs and swim goggles.  Fee \$20. Limited class size.  Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful.  Sign up by Wednesday, May 29.	Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a>
<b>Saturday-Sunday</b> <b>June</b> <b>1-2</b>	<b>Paddle Canada Sea Kayak Level-1</b> <b>Skills</b> <b>Lower Mainland</b>  Instructors: Philip Kubik, George Siudut  This Paddle Canada-certified course includes 2 days on the water plus an evening Zoom session. This course includes all re-entries required to join PIKA kayak trips.  Course description can be viewed here: <a href="https://www.paddlecanada.com/levels/sea-kayak/akasharkbow/">https://www.paddlecanada.com/levels/sea-kayak/akasharkbow/</a>  Prerequisites: Paddle Canada Basic Kayak Skills certification or equivalent skill and knowledge at the discretion of the course director.  Fee: \$150. Limited class size. Wetsuit or drysuit required.  Sign up by Friday, May 24.	Contact: Philip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# JUNE

<b>Friday-Sunday</b> <b>June</b> <b>7-9</b>	<b>2B</b>	<b>Deep Cove to Granite Falls</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
		<p>Launch: Deep Cove. On the water: 10am.</p> <p>Friday: Paddle up the west side of Indian Arm to Thwaytes Landing for lunch. Continue along the west side of the arm to the north end of Croker Island and cross the arm to the campground at the falls. Total length 10 nautical miles for the day.</p> <p>Saturday: Explore the delta of the Indian River.</p> <p>Sunday: Return on the east side of the arm; stop at Twin Islands for lunch. From Twin Islands we will paddle across to Raccoon Island before crossing back to the west side of Indian Arm to return to Deep Cove. Total length 10 nautical miles for the day. Expected return 4pm. Wetsuit or drysuit required. Each person is responsible for all their own camping gear, water and food.</p> <p>Sign up by Friday, May 31.</p>	
<b>Saturday</b> <b>June</b> <b>8</b>	<b>3C</b>	<b>Fort Langley to Ladner</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
		<p>Launch: Fort Langley. On the water: 7:30am.</p> <p>Wetsuits and drysuits mandatory. We are catching the tide for this one. We can arrange the shuttle closer to the date. It will take from 4.5 hours to 6 hours. The trip is 26 miles long. This trip is interesting in that we go under 6 bridges and see lots of ships on the river. Bring a snack and drink.</p>	
<b>Monday-Friday</b> <b>June</b> <b>10-14</b>	<b>Broken Islands Lodge, paddling inner islands of Broken Group TRIP FULL</b> <b>2B-2D</b>	<b>Facilitator: Cathy Cook</b> <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>	
		<p>PIKA has the whole lodge booked! Because we had to book it well ahead of time, participants have already filled the trip.</p> <p><b>Pre-lodge June 6-10 camping portion of trip to outer islands is also FULL</b></p> <p>Contact Cathy Cook (<a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>) if you would like to be placed on the waitlist.</p>	



## PACIFIC INTERNATIONAL KAYAK ASSOCIATION

### 2024 TRIPS and TRAINING CALENDAR

# JUNE

<b>Saturday</b> <b>June</b> <b>22</b>	<b>Rolling Introduction and Review</b> <b>Sasamat Lake</b>	Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a>
	Launch: White Pine Beach, Sasamat Lake. On the water: 9am. Instructors: Scott Gable, Daryl Spencer Whether you are a beginner or just need some review and practice, come out to develop this important skill. Fee \$20. Limited class size. Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful. Sign up by Wednesday, June 19.	
<b>Saturday</b> <b>June</b> <b>22</b>	<b>Intermediate Currents for Sea Kayakers - Fraser River</b> <b>Session is full, registration closed</b>	Contact: <a href="mailto:safety@pikakayak.com">safety@pikakayak.com</a>
	Instructors: John Drent, Sonny Zlotnik Participants should have Paddle Canada level-2 skills or equivalent experience, with previous practice in currents and good directional control and edging skills. We will cover "reading" currents and all aspects of manoeuvring in turbulent water with sea kayaks. Read this article for some background: <a href="http://pikakayak.com/why-you-should-paddle-rivers-in-a-sea-kayak/">pikakayak.com/why-you-should-paddle-rivers-in-a-sea-kayak/</a> Fee \$25. Limited class size. Wetsuit or drysuit and helmet required. Sign up by Wednesday, June 19.	
<b>Sunday</b> <b>June</b> <b>23</b>	<b>1A</b> <b>PIKA Paddle and Picnic</b> <b>Hayward Lake</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
	Launch: Beach beside the boat launch. On the water: 10am. Lunch: 12:30pm This annual PIKA paddle and picnic is always well attended! There will be NO club meeting in June. Instead, we gather at Hayward Lake for a paddle round the lake followed by a picnic. You'll want to arrive early as Hayward Lake can get VERY busy. Plan for lunch around 12:30. Someone needs to babysit the food, so if you have a partner that is a non-paddler who would enjoy relaxing on the beach while we play on/in the water, please let me know! Sign up by Sunday, June 16.	
<b>Wednesday</b> <b>June</b> <b>26</b>	<b>1B</b> <b>Wigeon Slough</b>	Facilitator: Cathy Cook <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>
	Launch: Grant Narrows. On the water: 10am. Paddle across Pitt River and up Widgeon Slough to the hidden gem of Pinecone Burke Provincial Park. Depending on time available, we will also poke into different tributaries on the way back. A hike to the falls may be an option, depending on weather and participants. Sign up by Sunday, June 23.	



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# JULY

<b>Friday-Sunday</b> <b>July</b> <b>5-7</b>	<b>3C</b>	<b>Sydney and Rum Islands</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<p>Friday: Wheel on the 9am ferry, Tsawwassen to Swartz Bay. After wheeling out of the terminal, launch from the end of Barnacle Road and paddle south to Sidney Spit.</p> <p>Saturday: Rum Island for lunch, 8km each way</p> <p>Sunday morning, we will pack up camp and return to Swartz Bay, arriving by 3pm.</p> <p>Sign up by Wednesday, May 1.</p>			
<b>Friday-Friday</b> <b>July</b> <b>12-19</b>		<b>Paddle Canada Level-2 Sea Kayak Skills – Quadra and Read Islands</b>	Contact: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
<p>Prerequisite: Paddle Canada Level-1 Sea kayak Skills or equivalent and permission of the instructor.</p> <p>Instructors: Doug Childress, George McFarlin</p> <p>Take your skills to the next level. This Paddle Canada-certified course focuses on expedition behavior, group leadership and safety. Building on skills and knowledge learned in Level 1 and adding additional elements like advanced navigation, weather interpretation, blending strokes, introduction to rolling, towing and more. This course will be run as an expedition as we circumnavigate Read Island.</p> <p>Course starts early on July 12, so leave plenty of time for travel and ferries.</p> <p>Course fee: \$500. Wetsuit or drysuit required.</p> <p>Sign up by Friday, July 5.</p>			
<b>Sunday</b> <b>July</b> <b>14</b>	<b>2B</b>	<b>Gulf Island Day Trip</b>	Facilitator: James Jordan <a href="mailto:jjmjordan51@gmail.com">jjmjordan51@gmail.com</a>
<p>A day paddle from Village Bay on Mayne over to Roe Islet on North Pender. We will wheel on the 7am ferry from Tsawwassen to make it a full day and a worthwhile trip. Pending BC Ferries scheduling.</p> <p>Maximum 6 paddlers.</p>			



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# JULY

<b>Saturday-Tuesday</b> <b>July</b> <b>20-23</b>	<b>Paddle Canada Level-2 Sea Kayak Skills – Lower Mainland and Howe Sound</b>  Prerequisite: Paddle Canada Level-1 Sea kayak Skills or equivalent and permission of the instructor.  Instructors: Doug Childress, John Drent  For paddlers who are not interested in the time and expense of ferry travel, this Paddle Canada-certified course offers the full Level-2 curriculum including 4 days on the water plus evening sessions. Advanced directional control, blended strokes, maneuvering in waves and current, journeying and seamanship, expedition behavior, introduction to rolling, advanced re-entry and rescue techniques, navigation and weather.  Course fee: \$350. Wetsuit or drysuit required.  Sign up by Friday, July 12.	Contact: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
<b>Wednesday</b> <b>July</b> <b>24</b>	<b>1B South Arm Alouette River</b>  Launch: Harris Road/Silver Bridge. On the water: 10am.  This is one of the most beautiful paddles at any time of year. This is a very scenic paddle with lots of shore and water birds to be seen. We have also seen the occasional bear. Bring garbage bags if you are also up for cleaning up the waterway.  Sign up by Saturday, July 20.	Facilitator: Cathy Cook <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>
<b>Saturday</b> <b>July</b> <b>27</b>	<b>3D Indian River</b>  Launch: Deep Cove Canoe and Kayak. On the water: 7:30am  Paddle to the end of Indian Arm and up the Indian River as far as the water levels permit. This is a full day paddle of 21 nautical miles. Drysuit or wetsuit required. Bring lunch and snacks and warm clothing. Be prepared for windy conditions.  Return by 4pm.	Facilitator: Jonas Lindgren <a href="mailto:jonas@piccolosoft.com">jonas@piccolosoft.com</a>



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# JULY

**Monday-  
Tuesday**

**3C**

**Broughton Archipelago**

Facilitator: George McFarlin  
[georgemcfarlin01@gmail.com](mailto:georgemcfarlin01@gmail.com)

**July-  
August**

**29-6**

Join Heide and myself on another fun trip to the whale watching capital of BC. We will meet up in Telegraph Cove on the afternoon of July 29. We will spend the night in the RV park near the launch site so that we can get an early start on Tuesday morning July 30. We will paddle across Johnstone Strait, through Weynton Passage, across Blackfish Sound to Flower Island where we will camp. From Flower Island there are many places to explore like the White Cliff Islands, the Monk's Wall and Village Island.

Due to the exposure to open waters crossings and paddling through dynamic waters, experience and intermediate to advanced skills are required. The water is cold, so dry suits are required.

I have classified this trip as 3C as some of the sites that I would like to explore this time require 12 to 14 nautical miles of paddling in one day.

We will all take turns cooking supper for everyone and you will be responsible for your own breakfast and snacks. Water may be in short supply close to where we plan to camp so each of us should carry enough water for 2 to 3 days. Bring your camera. Bring a fishing rod if you would like to try to catch supper, I would recommend a spin-casting rod with 20-pound test line. I will be bringing a Jetboil Base Camp for cooking.

Maximum number is 7 paddlers. We will have a Zoom meeting in April.



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# AUGUST

<b>Saturday</b> <b>August</b>  <b>3</b>	<b>2B</b>	<b>Barnet Marine Park to Twin Islands</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<p>Launch: Barnet Marine Park. On the water: 10am.</p> <p>Wheels required to get from the parking lot down to the beach. We will paddle up Indian Arm, with a mix of decent length crossings and a chance to poke around the cliffs and rocks. Our goal is to have lunch on the beach at Twin Islands.</p> <p>Bring a lunch and suitable liquid refreshment. Distance 5 nautical miles each way, return time 4pm.</p> <p>Sign up by Thursday, August 1.</p>			
<b>Saturday-Sunday</b> <b>August</b>  <b>10-18</b>	<b>3C</b>	<b>Kyuquot Sound</b>	Facilitator: Martin Desbois <a href="mailto:mtydes@hotmail.com">mtydes@hotmail.com</a>
<p>Launch: Fair Harbour on Aug 11. On the water: 9am.</p> <p>Kayak 7 days in Kyuquot Sound with endless scenic beaches and abundant sea otters. 6 nights camping at Rugged Point Provincial Park and Spring Island. 1 or 2 nights camping at Fair Harbour. Daily paddle distances from 8 to 15 nautical miles. Further details will be provided in May/June 2024 trip planning meeting.</p> <p>Maximum 6 paddlers.</p>			





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# AUGUST

Friday-Sunday

**3C**

**Bligh Island  
Northern Nootka  
Island**

Facilitator: Brenda Viala  
[brenda.bjboo@gmail.com](mailto:brenda.bjboo@gmail.com)

August

**16-  
25**

Co-facilitator Philip Kubik.

Arrive in Gold River on Aug 16 and deliver kayaks to dock for loading onboard the Uchuck. We will board the Uchuck early Aug 17 and enjoy the cruise to Bligh Island, where we will stay 7 nights at the Utopia Bay (floating) Lodge, (last night there, Aug 23). During our time we will explore Strange Island, Friendly Cove, Spanish Pilot Group and Bligh Island Marine Park & more. Aug 24 we will enjoy another cruise onboard the Uchuck to Gold River, where we will spend another night, before heading out Aug 25 for home.

Utopia Bay Lodge is a rustic floating cabin located off of Bligh Island. There are two cabins attached together. We will be renting both cabins which gives us room for 8 comfortably. The cabin has a living room warmed with a wood stove, a fully functional kitchen with running water, fridge and stove, power via a wind turbine, 2 showers and 2 composting toilets. The bedrooms have bunk beds with room for 2 people each. Bring your own bedding (sleeping bag and pillow etc). Group dinners, breakfast and lunch on your own.

Costs:

Utopia Bay Lodge (\$700)

Uchuck trip is \$160 (including kayak, wet launch and pick up). Our space on board the Uchuck is reserved and each person will need to contact and pay them directly. Each person is responsible for booking/paying for their own lodging the two nights in Gold River, Aug 16 and Aug 24. (camping or hotel). Meals at the Sea and Field Bistro in Gold River (optional...but you'd be sad missing this place.)

**\*\*A NON-REFUNDABLE deposit (for the lodge) of \$300 each by Feb 14, 2024 is required\*\*.** The remaining \$400 will be due July 15.

A trip meeting will be held prior to the trip to plan the areas we wish to explore, organize gear needed, and to organize group dinners

Wetsuit or drysuit required. Maximum 8 participants



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# AUGUST

<b>Saturday</b> <b>August</b> <b>17</b>	<b>3D</b>	<b>Bowen Island</b>	Facilitator: Jonas Lindgren <a href="mailto:jonas@piccolosoft.com">jonas@piccolosoft.com</a>
<p>Launch: Whytecliff Park. On the water: 7am.</p> <p>Cross over to Bowen Island, paddle around Bowen and cross back to Whytecliff. This is a full day paddle covering 19 nautical miles. Drysuit or wetsuit required. Participants must be comfortable paddling in strong wind, high waves and have the endurance for a challenging full day outing. This is a trip for experienced paddlers only.</p> <p>Due to the dangerous waters around Bowen, we will postpone the trip in the event of an adverse weather forecast.</p> <p>Return by 4pm.</p>			
<b>Saturday-Sunday</b> <b>August</b> <b>17-</b> <b>25</b>	<b>3C</b>	<b>Broughton Archipelago</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<p>7:45am ferry Tsawwassen to Duke Point. Launch from Telegraph Cove 2pm. 5 km to the Blinkhorn Peninsula for the night. Sunday is our long day: 25km to Fox Island. From here we will work our way back to Telegraph Cove via Owl and Hanson Islands.</p> <p>Return from Hanson Island on Sunday August 25; 8pm ferry back to Vancouver.</p> <p>Intermediate to advanced skills are required due to the exposure to remote, open waters. Wetsuit or drysuit required. Trip is limited to 8 paddlers.</p> <p>Sign up by Wednesday, May 1.</p>			



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# SEPTEMBER

<b>Monday</b> <b>September</b>  <b>2</b>	<b>3C</b>	<b>Hope to Chilliwack</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
Launch: Hope. On the water: 9am We will launch from Hope at 9am and get to Chilliwack at about 3pm. We will meet at Island 22 in Chilliwack at 7am. Wetsuit or drysuit mandatory. Bring a lunch and drink. Expect fast moving water and some whirlpools. We will leave cars at Island 22 and drive to Hope to launch. We may take a side trip up the Harrison River depending on how fast we get downstream.			
<b>Tuesday-Sunday</b> <b>September</b>  <b>3-8</b>	<b>2B-3C</b>	<b>Hornby Island</b>	Facilitator: Bruce Fisher <a href="mailto:brufish2@gmail.com">brufish2@gmail.com</a>
Co-facilitator: Brent Vernon. The trip will commence on Tuesday evening at <a href="#">Bradsdadsland</a> campground on Hornby Island, where we will be staying until Sunday morning. Picturesque Hornby and Denman Islands are just off the east coast of Vancouver Island near Comox. Depending on weather and proclivities of the paddlers, we will plan each day's activities the night preceding paddles. Hornby Island has resplendent hiking trails, beaches and mountain biking too. Wetsuit or drysuit required. Maximum 10 paddlers. Planning meeting in July. Sign up by Monday, July 1.			
<b>Saturday</b> <b>September</b>  <b>7</b>	<b>1A</b>	<b>PIKA Paddle and Picnic Hayward Lake</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
Launch: Beach beside the boat launch. On the water: 10am. Lunch: 12:30pm We initiated this second club picnic during Covid and when we didn't carry on with it in September 2023 there were a lot of disappointed people. So, there will be NO club meeting in September. Instead, we gather at Hayward Lake for a paddle round the lake, followed by a picnic. You'll want to arrive early, as Hayward Lake can get VERY busy. Plan for lunch around 12:30. Someone needs to babysit the food, so if you have a partner that is a non-paddler who would enjoy relaxing on the beach while we play on/in the water, please let me know! Sign up by Sunday, September 1.			
<b>Sunday</b> <b>September</b>  <b>8</b>	<b>2B</b>	<b>Barnet Marine Park to Deep Cove with Donuts and Knots</b>	Facilitator: Scott Gable <a href="mailto:scott@conceptgroupfinancial.com">scott@conceptgroupfinancial.com</a>
Launch: Barnet Marine Park. On the water: 10:30am. Wheels recommended. This is a relaxed paddle in Indian Arm (Barnet, Belcarra, Deep Cove and back). We will have lunch in Deep Cove and have an extended stop (Donut run up to Honey's optional). There will be opportunity to learn or practice two important knots – Bowline and Taut Line Hitch. Wetsuit or drysuit required. Distance: 7 nautical miles. Sign up by Thursday, September 5.			



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# SEPTEMBER

**Wednesday-  
Monday**  
**September**

**2B-3D**

**Tofino**

**Trip is Full**

Facilitator: Sonny Zlotnik  
[zlotnik\\_sonny@hotmail.com](mailto:zlotnik_sonny@hotmail.com)

**11-16**

We are camping at the Surf Junction Campground. We arrive on the night of September 11 before 10pm. On Sept 11, that night we will meet and discuss plans for surfing the next day. You will need a helmet for surfing and wheels. The surfing clinic is mandatory to come to. There will be various levels of difficulty from easy to hard depending on how you feel and your ability.

Everyone will make their own campground reservations this year. Reservations open up on Jan 15, 2024 at 12pm. If you don't have a partner to share a site with you will need one to make it cheaper. The sites are small so 2 people per site works well.

Please let me know if you are coming and I will add you to the list. After you sign up, I will need the campsite number when you get it and your contact number for the float plan for now. Keep in mind to come you must have paid up your dues and done your re-entries. There will be paddles for your abilities from easy to hard. We will be paddling in class 3 conditions if you're doing the harder paddles.

The way we plan is each night we have a meeting and lay out the paddles for the next day. Everything is dependent on the weather. If you are a trip facilitator and can lead a paddle that would be appreciated. This would be a paddle within your ability and you have to do the necessary tide and current work. You will also have to check the weather. You would have had to take the trip facilitator training as well.

Some of the paddles we do are rock gardening, surfing, paddle out to Vargas, paddle out to the lighthouse off of Mackenzie Beach, paddle to the Broken Group from Secret Beach. Last year we had 23 people and 3 different paddles a day.

All the paddles will be set the night before

Wetsuit or drysuit is mandatory.

**Thursday**  
**September**

**12**

**Paddling Safely in Surf**  
**Chesterman Beach**

Contact: John Drent  
[jtrdrent@telus.net](mailto:jtrdrent@telus.net)

Surf launching and landing, paddling under control, bracing and rescue in the surf zone. A bit of theory and a lot of action. This clinic is being held in conjunction with our Tofino trip of September 11 to 16. Contact Sonny for camping details. Note that our surf clinic day and location may change depending on surf conditions.

Fee: Free to PIKA members. Wetsuit or drysuit and helmet required.

Sign up by Friday, September 6.



## PACIFIC INTERNATIONAL KAYAK ASSOCIATION

### 2024 TRIPS and TRAINING CALENDAR

# SEPTEMBER

<b>Thursday-Sunday</b> <b>September</b> <b>19-22</b>	<b>3B</b> Wheel on a morning ferry, Tsawwassen to Swartz Bay. Launch in adjacent cove and paddle over to Arbutus Point on the north end of Portland Island to camp. Friday and Saturday can be a hike exploring the island and /or local paddles. Sunday paddle to the ferry at Swartz Bay for the return to Tsawwassen. Pending ferry schedules. Maximum 6 paddlers.	<b>Portland Island</b>	Facilitator: James Jordan <a href="mailto:jjmjordan51@gmail.com">jjmjordan51@gmail.com</a>
<b>Friday-Sunday</b> <b>September</b> <b>20-22</b>	Launch: Grant Narrows. On the water: 10am. This is a beautiful campsite with a scenic paddle on one of the world's largest tidal lakes. There is a \$10 fee/night for overnight parking. Friday: depart Grant Narrows at 10am. Stop for lunch along the way. Distance to campsite is approx. 10 nautical miles Saturday: conditions permitting, paddle to north end of Pitt Lake, approx. 10 nautical miles return. Sunday: return with a stop at the falls, arriving at Grant Narrows by 3pm. Wetsuit or drysuit required as well as camping gear, food and drinks. Pit toilet is available at the site as is fresh water.	<b>Pitt Lake to Osprey Campsite</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
<b>Sunday-Sunday</b> <b>September</b> <b>22-29</b>	Co-facilitator: Daryl Spencer The Deer Group is in Barkley Sound (along with the Broken Group). Being less well known, this area offers a mixture of private, crown and First Nation land. Wild and unregulated camping on some of the most beautiful islands in the area. Sea arches, sea caves, sea pillars and varied interesting shoreline. Experience and intermediate to advanced skills are required. First night at Poett Nook Campground. Paddle routes and distances will be determined as a group each evening and adjusted according to conditions. Wetsuit or drysuit required. Pre-trip meeting in May. Maximum number: 6. Sign up by Wednesday, May 1.	<b>Deer Group Islands Barkley Sound</b>	Facilitator: Scott Gable <a href="mailto:scott@conceptgroupfinancial.com">scott@conceptgroupfinancial.com</a>



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# SEPTEMBER

<b>Saturday</b> <b>September</b> <b>28</b>	<b>3C</b>	<b>Upper Fraser River</b> <b>Yale to Hope</b>	Facilitator: John Drent <a href="mailto:jtdrent@telus.net">jtdrent@telus.net</a>
<p>Meet in Hope at 9am. Distance: 14 miles.</p> <p>This section of the Fraser most resembles conditions found in some of the local tidal passes. Big volume river with lots of flow but with few obstructions.</p> <p>We will hit as many eddies as we can and practice manoeuvres. Paddlers should have PC level-2 equivalent or better sea kayak skills with previous practice in currents, the ability to manoeuvre in fast moving water and good self-rescue skills.</p> <p>If you are at all unsure about this trip, take our currents clinic first and also join the paddle from Hope to Island 22 and see how you like it. Then expect that the upper section has faster currents and more features.</p> <p>Trip is dependent on water levels. Wetsuit or drysuit and helmet required.</p> <p>Sign up by Wednesday, September 25.</p>			



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# OCTOBER

<b>Friday-Tuesday</b> <b>October</b> <b>4-8</b>	<b>3C</b>	<b>Quadra Island Surge Narrows</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<p>This is an opportunity to play in 6 to 8 knot currents in Surge Narrows. We stay in Discovery Lodge for the nights of Oct 4, 5, 6 and 7. We bring our own food and cook dinner in groups. Lunch and breakfast are individual. There is a large communal kitchen and a wonderful big living room with a fireplace. The beds are comfortable and the view is great. There are some nearby trails to hike as well. Wetsuit or drysuit and helmet required.</p> <p>Cost will be around \$350 per person for the 4 nights at the lodge.</p> <p>Spots are limited.</p>			
<b>Saturday</b> <b>October</b> <b>5</b>	<b>2C</b>	<b>Poplar Bar to Matsqui Island</b>	Facilitator: John Halliday <a href="mailto:johall88@telus.net">johall88@telus.net</a>
<p>Launch: Poplar Bar in Abbotsford. On the water: 10am.</p> <p>Paddle up the Fraser River and circumnavigate Matsqui Island. Stop for lunch on beach on Matsqui Island. Bring lunch and water. Allow 4+ hours for this trip. Wetsuit or drysuit may be required. Distance 12 nautical miles.</p> <p>Sign up by Wednesday, October 2.</p>			
<b>Saturday</b> <b>October</b> <b>12</b>	<b>3C</b>	<b>Boundary Bay Crossing</b>	Facilitator: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
<p>Launch: Target Street in Crescent Beach. On the water: 9am.</p> <p>Big crossing practice: 13.3 nautical miles total. We cross Boundary Bay from Crescent Beach to Centennial Beach in Tsawwassen and back, just so we can say we did it. Boundary Bay is usually quite tame but winds can produce some big waves in this shallow bay. This is semi-protected water but it is still a big crossing and, as with all big crossings, the objective is to cross before the weather changes. Not a sightseeing tour. Wetsuit or drysuit required.</p> <p>Sign up by Wednesday, October 9.</p>			
<b>Thursday-Sunday</b> <b>October</b> <b>17-20</b>	<b>1A</b>	<b>Newcastle Island</b>	Facilitator: James Jordan <a href="mailto:jjmjordan51@gmail.com">jjmjordan51@gmail.com</a>
<p>Wheel on the ferry at Horseshoe Bay and off at Departure Bay, Nanaimo. An easy paddle over to Newcastle to camp. Tour the island, track the elusive <a href="#">Kermodi raccoon</a> and a bit of paddling to watch for sea lions and other critters. Maybe lunch at the Dinghy Dock pub.</p> <p>Maximum 6 paddlers.</p>			





**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# OCTOBER

<b>Saturday</b> <b>October</b>  <b>19</b>	<b>3C</b>	<b>Pasley Islands from Bowen Island</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<p>Drive on the ferry at Horseshoe Bay and across Bowen Island to Tunstall Bay; target 10:30 launch. Paddle over to the Pasley Islands, then over to Salmon Rock on Keats Island for lunch. After lunch we will proceed back through the Pasleys to Tunstall. Expected return 4:00 pm ferry.</p> <p>A wetsuit or drysuit required; Carpooling can be arranged 1 week before. Sign up by Wednesday, October 16.</p>			
<b>Sunday</b> <b>October</b>  <b>20</b>	<b>2C</b>	<b>Ambleside to Eagle Harbour</b>	Facilitator: Philip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>
<p>Launch: Ambleside Beach. On the water: 9:30am.</p> <p>Ambleside to Eagle Harbour and back. 14 nautical miles. Wear a wetsuit or drysuit. Bring water and lunch. May be choppy, especially off Lighthouse Park.</p> <p>Sign up by Thursday, October 17.</p>			
<b>Sunday</b> <b>October</b>  <b>20</b>	<b>1A</b>	<b>5<sup>th</sup> Annual Buntzen Lake Halloween</b>	Facilitator: Cathy Cook <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>
<p>Launch: Buntzen Lake boat ramp. On the water: 10:30am.</p> <p>This has become a PIKA tradition! Leisurely paddle around Buntzen Lake, stopping on the far side for lunch and hot chocolate (and I will bring the hot chocolate and marshmallows).</p> <p>Wetsuit or drysuit required, and costumes are optional but so awesome! Sign up by Wednesday, October 16.</p>			
<b>Saturday</b> <b>October</b>  <b>26</b>	<b>2B</b>	<b>Harrison River</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<p>Meet before 9:30am at Kilby Park behind Kilby Museum, on the Harrison River. Shuttle from Kilby to Harrison Hot Springs. We double up boats at Kilby. Launch from the beach at Harrison Hot Springs. Lunch near Morris Creek. Morris Creek will definitely be off limits as it is a major salmon spawning creek and is quite shallow. We need to avoid interfering with any salmon runs with the salmon facing such devastating challenges due to drought. You will still see salmon in the main river where the depth of the water will keep us from interfering with them.</p> <p>Landing: At Kilby, usually before 3pm. Re-shuttle to retrieve vehicles at Harrison. Organizing in advance for the shuttle is recommended. Bring extra capacity to transport kayaks if you can. Bring lunch, water, snacks.</p> <p>Sign up by Monday, October 21.</p>			



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**

**2024 TRIPS and TRAINING CALENDAR**

# NOVEMBER

<b>Saturday November</b>	<b>3C</b>	<b>Ladner to Steveston</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<b>2</b>	Launch: Wellington Point, 3653 River Road West, Ladner. On the water: 10am. Paddle to Steveston for lunch. Bring lunch and drinks...something warm would be a good idea. Wetsuit or drysuit required. Back about 3:30 pm. Sign up by Wednesday, October 30.		
<b>Sunday November</b>	<b>2B</b>	<b>Barnet to Deep Cove</b>	Facilitator: James Jordan <a href="mailto:jjmjordan51@gmail.com">jjmjordan51@gmail.com</a>
<b>10</b>	Launch: Barnet Marine Park. On the water: 10:30am. Paddle up Indian Arm to the end of Belcarra and over to Deep Cove. Donut run up to Honey's in Deep Cove optional. Wheels required.		
<b>Saturday November</b>	<b>2C</b>	<b>Whytecliff Park to West Vancouver</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<b>16</b>	Launch: Whytecliff Park. On the water: 10am. Launch from Whytecliff Park and follow the shoreline past Lighthouse Park. We will stop for lunch at West Bay Park and return. Total distance 12 nautical miles. Finish time 3pm. Wetsuit or drysuit is required; expect cold conditions. Remember to bring lunch and water. Sign up by Monday, October 21.		
<b>Saturday November</b>	<b>1B</b>	<b>Hayward Lake</b>	Facilitator: Bruce Fisher <a href="mailto:brufish2@gmail.com">brufish2@gmail.com</a>
<b>23</b>	Launch: beach beside the boat launch. On the water: 10am. There are washrooms at Hayward Lake launch and at our lunch beach farther down the lake. Paddle around the lake clockwise with many opportunities to practice edge and bow rudder turning around the semi-submerged stumps. Visit Hairsine Inlet and cross the lake for lunch at a sand beach with an outhouse. Bring a lunch and drink. Wetsuit or drysuit is required Sign up by Wednesday, November 20.		
<b>Saturday November</b>	<b>3C</b>	<b>Westham Island</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<b>30</b>	Launch: Wellington Point, 3653 River Road West, Ladner. On the water: 10am. Circumnavigation of Westham Island. Learn where all the ducks hide from the hunters. Wear a wetsuit or drysuit. Bring snacks or lunch and water. Minimal opportunities to get out of kayak. Approx. 4 hours. Sign up by Wednesday, November 27.		



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# DECEMBER

<b>Sunday</b> <b>December</b>	<b>2C</b>	<b>Indian Arm</b>	Facilitator: Philip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>
<b>1</b>	Launch: Deep Cove Canoe and Kayak Centre in Deep Cove. On the water: 9:30am. Deep Cove to Silver Falls and back. 14 nautical miles. Wear a wetsuit or drysuit. Bring water and lunch. Usually, numerous waterfalls at this time of year. Sign up by Thursday, November 28.		
<b>Wednesday</b> <b>December</b>		<b>Christmas Party</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<b>11</b>	Information to be posted in newsletter closer to the date.		
<b>Sunday</b> <b>December</b>	<b>2A</b>	<b>Ladner Paddle and Pub</b>	Facilitator: Brenda Viala <a href="mailto:brenda.bjboo@gmail.com">brenda.bjboo@gmail.com</a>
<b>15</b>	Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 10am. Stop at this launch location to drop off your gear and park your vehicle in the large parking lot across the street. After our paddle we'll enjoy lunch at Speed's Pub. Wetsuit or drysuit required. Sign up by Friday, December 13.		



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# JANUARY 2025

**Monday**  
**January**

**1B**

**English Bay Polar Bear  
Swim New Year's Day**

Facilitator: Doug Childress  
[doug\\_childress@hotmail.com](mailto:doug_childress@hotmail.com)

**1**

Launch: Vanier Park. On the water: 11am.

Every year crowds gather to participate and watch hundreds of brave souls in swimsuits and funny costumes celebrate the new year. The swim kicks off at noon. We will be on the water at 11am for a short paddle in English Bay. We should be off the water by 2pm. Dress warmly and bring a hot beverage and lunch. Wetsuit or drysuit required.

→ You must be a PIKA member for **2025** to participate in this trip.



# CLINICS AND SKILLS DEVELOPMENT

For PIKA members only, the following clinics and skill development sessions are included in the calendar. Sign up is the same as for a PIKA trip. For details, see referenced dates in the calendar.

Facilitator Training, February 3

➤ Deck Line Clinic, April 6

➤ Towing Clinic, April 20

PIKA All Trainers Symposium, Re-entry and Rescue Clinic, April 27

PIKA Re-entry and Rescue Clinic, May 4

➤ Introduction to Rolling, May 4

PIKA Re-entry and Rescue Clinic, May 11

➤ Rolling Introduction and Review, May 11

PIKA Re-entry and Rescue Clinic, June 1

➤ Introduction to Rolling, June 1

➤ Introduction to Rolling, June 22

➤ Intermediate Currents for Sea Kayakers, June 22

Paddling Safely in Surf, September 12

➤ Participants pay a fee.

## PADDLE CANADA TRAINING

### **Paddle Canada Basic Kayak Skills**

For details, see May 5 in the calendar.

### **Paddle Canada Level-1 Sea Kayak Skills**

For details, see May 25 and June 1 in the calendar.

### **Paddle Canada Level-2 Sea Kayak Skills**

For details, see July 12 and July 20 in the calendar.



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2024 TRIPS and TRAINING CALENDAR**

# CALENDAR HISTORY

<b>Date</b>	<b>Change</b>
December 29, 2023	Original release
January 14	Changed Ladner to Steveston trip date to January 26
January 27	Changed launch point for November 2 Ladner to Steveston trip to Wellington Point in Ladner
February 2	Added Bligh Island trip August 16-25
February 8	Changed date and launch time of June 27 Wigeon Slough trip to June 26, 10am
February 26	Marked Tofino trip, September 11-16, as full
March 4	Changed date of Wigeon Creek trip from March 24 to April 3
March 22	Changed date of Newcastle Island trip to October 17-20
April 1	Following sessions marked as full, registration closed: May 4 re-entry, May 4 rolling, May 11 re-entry, May 11 rolling, June 22 currents
April 3	Changed date of Alouette Lake trip to April 14 (was April 13)