



PIKA TRIPS AND TRAINING CALENDAR 2023

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PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2023 TRIPS and TRAINING CALENDAR

WELCOME

Welcome to our 2023 PIKA trips and training calendar, your guide to getting on the water. PIKA's trip facilitators spend a lot of time researching tides, currents, locations etc. to create this calendar. It includes trips, clinics and practices that appeal to every skill level. The number of participants on a trip may be limited, so sign up early. Consult the PIKA trip classification system on page 3 to determine if a trip may be suitable for you. Discuss your skills with the facilitator if necessary.

Please note that there are no "drop in" trips. You MUST contact a trip facilitator to sign up by the signup date given in the writeup, or if none is given, at least 2 days prior to a day trip and even earlier for a weekend or full week trip. "Drop in" doesn't work because trip launch sites can be changed, group size may be limited, trips may be cancelled or rescheduled and if you have not spoken to the facilitator, you may find yourself alone on the beach. In addition, a float plan must be filed by the facilitator and your emergency contact information is required ahead of time in order to do this. Please make sure you get a confirmation back from the facilitator when you sign up.

MESSAGE FROM OUR PRESIDENT

Hello everyone, this year our calendar contains 58 trips, consisting of 1-day paddles, weekend trips and trips that are one to two weeks in length. For the past three years we have prepared our calendars, hoping for the best. We were able to do 41 paddles in 2022, 39 paddles in 2021, and 31 in 2020. We are still the most active kayak club on the west coast.

Besides our trips, there is training. We are offering a variety of training opportunities, including our enhanced re-entry clinics. PIKA members are required to practice solo and assisted re-entries every year to be eligible to join PIKA trips. We are again offering outdoor practice sessions during the spring to allow members to practice their solo and assisted re-entries. At these sessions, PIKA instructors demonstrate re-entry techniques and then you practice them.

Our enhanced re-entry clinics are modelled on Paddle Canada re-entry and rescue clinics and cover updated re-entry techniques as well as various approaches to rescue before and after re-entry attempts. These clinics satisfy the PIKA annual requirements until May 31, 2024.

There is no charge for these re-entry clinics for PIKA members, (commercial rates for this clinic are \$150). Plan to attend one of these re-entry clinics: April 30 at Rolley Lake, May 6 and May 27 at Sasamat Lake and advanced re-entries on June 3.

Remember, our trips must have a minimum of 3 paddlers (facilitator plus 2 more) for safety, including ability to respond to emergency situations.

Outdoors is the best place to be. I hope to see you all out on the water.

HOW TO SIGN UP FOR A TRIP

When you select a trip to sign up for, ensure that your skills meet the paddle's PIKA classification. The facilitator may not allow you on the trip if they feel that you don't meet that classification.

To sign up for a trip, contact the facilitator by email at least 2 days before the trip (or by the date specified in the trip description) and provide the following information. The preferred way to submit this data is by using the PIKA float plan participant data spreadsheet found on the [Facilitator Resources page](#).

- Your name
- Number of years of paddling experience and your Paddle Canada or equivalent skill level
- Name of manufacturer of your kayak and its colour
- Medical issues that the facilitator needs to be aware of
- Your cell phone number
- Emergency contact phone number
- Your vehicle's manufacturer, model, colour and license plate number
- Your MMSI number if you are bringing a VHF radio

The facilitator will then send you detailed information about the trip.



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TRIP CLASSIFICATION SYSTEM

PIKA applies the classification system described below in its trip calendar to indicate the expected skills/degree of difficulty (1-4) and distance involved and physical effort necessary (A-D) for a PIKA trip.

A trip classification is set by the most difficult and most strenuous part of the trip. It does not take into account changes in sea conditions or weather which may change trip classification unexpectedly.

For the required equipment for a trip, see the PIKA Paddler Guidelines on the [PIKA website](#).

TRIP CLASSIFICATION	A–Not Strenuous •Less that 3 hours per day •Less than 6 nmi •Sheltered spots	B–Moderately Strenuous •3 to 5 hours per day •6 to 10 nmi •Some sheltered spots	C–Strenuous •5 to 6 hours per day •10 to 15 nmi •Infrequent sheltered spots	D–Very Strenuous •More than 6 hours per day •More than 15 nmi •Few or no sheltered spots
1–Easy •Minimal paddling skills •Assisted re-entry skills •Protected inland waters •Moderate wind effects •Weak to moderate current •Easy to moderate landings	↓ 1A	↓ 1B	↓ 1C	↓ 1D
2–Moderate •Basic paddling, able to brace •Self/assisted re-entry skills •Sheltered/partly-sheltered coastal waters •Moderate wind effects •Weak to moderate current •Easy to moderate landings	→ 2A	2B	2C	2D
3–Difficult •Good paddling, sea skills •Self/assisted re-entry skills •Open coast, exposed water, crossings and swells. •Moderate to strong wind effects •Moderate to strong current •Surf and difficult landings	→ 3A	3B	3C	3D
4–Very Difficult •Advanced paddling and sea skills •Self/assisted re-entry and rolling skills •Strong individual paddler •Long open crossings •Exposed coast •Turbulent water, chop •Strong wind effects, large swells •Strong current •Surf and difficult landings	→ 4A	4B	4C	4D

YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY ON ALL TRIPS. Make sure you have the skill level, the physical strength and endurance and the right equipment. Do not go out in conditions that you are uncomfortable with. Kayaking conditions are variable and contain unpredictable elements that make any attempt to grade inexact.



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FEBRUARY

Saturday February 4	Facilitator Training	Contact: Pat Jones 1roughcutdiamond@gmail.com
	Location: Harmsworth Hall, 7170 232 Street, Langley. Starts: 10am. Ends: 2pm. Instructors: Pat Jones, John Bakker, Cathy Cook If you are facilitating a trip, it is mandatory that you attend this training at least once every second year. But the last two sessions were very abbreviated Zoom sessions so all facilitators are expected to come out to this in-person training. We'll go over a lot of material including scenarios both actual and hypothetical. Plus meet up with your fellow facilitators. PIKA members who are not facilitating a trip but are interested in doing so in the future are welcome to attend, but please notify Pat Jones so she can add you to the list. Bring snacks, lunch and beverage mug. Coffee and tea provided.	
Saturday February 18	3C Westham Island	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
	Launch: Wellington Point, 3653 River Road West, Ladner. On the water: 9:30am. Circumnavigation of Westham Island. Opportunity to see lots of fowl things. Wear a wetsuit or drysuit. Bring snacks or lunch. Minimal opportunities to get out of kayak. Approx. 4 hours. Sign up by February 15.	
Saturday February 25	2C Glen Valley to Matsqui Island	Facilitator: George Korbach akayaker1@gmail.com
	Launch: Poplar Bar, Abbotsford. On the water: 9:30am. Launch from Glen Valley Regional Park in Abbotsford and paddle up Fraser River to Matsqui Island. The target is to lunch at east end of Matsqui Island. Distance: 24 km. Wetsuit or drysuit required. Bring lunch and water.	
Sunday February 26	2C Alouette Lake	Facilitator: Kathy Futcher kfletcher1@gmail.com
	Launch: At the boat ramp. On the water: 9am. Paddle to the Narrows for lunch. Wetsuit or drysuit required. Bring lunch and hot drink. Estimate 4 pm return. 12 nmi. Maximum 6 paddlers. Sign up by February 23.	



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MARCH

Saturday March 4	2C	Whytecliff to West Vancouver	Facilitator: John Bakker jbakker042@gmail.com
Launch: Whytecliff Park. On the water: 10am. Launch from Whytecliff Park and follow the shoreline past Lighthouse Park. We will stop for lunch at West Bay Park and return; total distance 12 nmi. Finish time 3pm. A wetsuit or drysuit is required; expect cold conditions. Bring a lunch and water.			
Saturday March 4	2A	Port Moody	Facilitator: Sarah Cummins sarahliz@telus.net
Launch: Rocky Point Boat Launch. On the water: 9:30am. Pay parking available. Pretty urban area at top of the inlet. Tide-dependent mud flats, varied scenery, outdoor filming studios, old heavy industrial logging, modern warehousing, tankers, beautiful waterfront real estate, streams and forest, some eagles, seals and herons galore. Wind can funnel through the inlet from Barnet causing weather and wave action although waters are mostly quite protected. Bring wetsuit or drysuit, warm clothes, snacks. Return to Rocky Point and enjoy coffee/brunch at one of the many cafes at Port Moody. Roughly 5 nautical miles.			
Saturday March 11	1A	Hayward Lake	Facilitator: George Korbach akayaker1@gmail.com
Launch: boat launch at Hayward Lake. On the water: 10am Great spot to practice directional control. There are washrooms to change in and a sheltered lunch location. Wetsuit or drysuit required. Bring lunch and water.			
Wednesday March 15	1B	deBouville Slough	Facilitator: Cathy Cook paddlingma@gmail.com
Launch: Harris Road bridge in Pitt Meadows. On the water: 10am. DeBouville Slough is a hidden gem off Pitt River just south of Minnekhada Regional Park. Ducks, geese, eagles, osprey, swans and turtles are often sighted on this trip. With the right water levels, you can go through huge culverts below the development in Coquitlam. Launch onto the Alouette River at Harris Road, paddle across the Pitt River and up the deBouville Slough. Lunch on Goose Bar before circumnavigating the Bar and returning back to our launch point. Drysuit or wetsuit required at this time of year. Sign up by March 12.			



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MARCH

Sunday March 19	2B	Stave Lake	Facilitator: James Jordan haggis11@telus.net
Launch: Stave Lake Boat Launch. On the water: 10:30am Paddle up the lake to Lone Tree Island, maybe further if everyone is up to it. Wetsuit or drysuit needed as the water will be refreshingly cool. As required with all trips, lunch and suitable liquid refreshment is to be brought along.			



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APRIL

Saturday April 1	Deck Line Clinic	Contact: Doug Childress doug_childress@hotmail.com
	<p>Location: Harmsworth Hall, 7170 232 Street, Langley. Morning session at 9am. Afternoon session at 1pm. Instructors: Doug Childress, James Jordan, Ted Lam Good deck rigging is the key to a successful re-entry after a capsize. See our article on recommended deck line rigging: http://pikakayak.com/deck-lines/ Come to our workshop to replace or reconfigure static perimeter lines and shock cord lines. Add reflective lines, rescue handles or paddle grip straps. Get tips on minor rudder/skeg service. Become familiar with commonly-used knots. We have reflective deck line, shock cord and tubing on hand. We do not stock quick release paddle grip rescue straps but you can buy these from Western Canoe or Skyview. https://westerncanoeandkayak.com/universal-rescue-strap/. For the installation of quick release straps, you will probably also need 4 stainless steel bolts and 8 stainless fender washers. Note that we are not set up to drill holes in your boat. Fee: \$10 per boat, payable on registration, plus the cost of material, payable at the event. Bring sawhorses if you have them. Bring a pair of kayak foam blocks if you have them. Sign up for either morning or afternoon session by March 29.</p>	
Saturday April 1	2A Ladner Sunset	Facilitator: Brenda Viala brenda.bjboo@gmail.com
	<p>Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 7pm Stop at this launch location to drop off your gear and park your vehicle in the large parking lot across the street. Some may choose to enjoy dinner at Speeds Pub prior to our paddle (just remember - no drinking & paddling). Join us for a relaxing paddle within the Ladner Marsh. The sun sets at 7:43pm. Wetsuit or drysuit required. Working deck lights are mandatory. Sign up by March 30.</p>	
Sunday April 2	2D Pitt Lake	Facilitator: Jonas Lindgren jonas@piccolosoftware.com
	<p>Launch: Grant Narrows. On the water: 8am Paddle Pitt Lake north on the western side to the waterfall, cross over to Little Goose Island and return on the eastern side. Duration: 8am to 4pm. Distance 16 nmi.</p>	



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Saturday April 8	2B	Deep Cove to Buntzen Power Station	Facilitator: John Bakker jbakker042@gmail.com
<p>Launch: Deep Cove. On the water: 10am</p> <p>Paddle up the west side of Indian Arm to Thwaytes Landing for lunch. Cross over to the Buntzen power station, and then follow the shoreline to Twin Islands for a break. From Twin Islands we will paddle across to Raccoon Island, before crossing back to the west side of Indian Arm to return to Deep Cove. Total length 10 nmi. Expected return 4pm.</p> <p>Wetsuit or drysuit required; expect cold conditions. Bring a lunch and water.</p>			
Saturday April 15		Towing Clinic Sasamat Lake	Contact: John Drent safety@pikakayak.com
<p>Launch: White Pine Beach, Sasamat Lake. On the beach: 10am.</p> <p>Instructors: Doug Childress, Karen Jensen, Martin Desbois</p> <p>Transport Canada requires a 15-meter heaving line for ocean trips. But that is just the basics. Join us to discuss and practice various towing options for both solo and group towing scenarios. Learn how to manage fatigue, injury, and illness on the water. Review towing gear options. Bring what gear you have and check out options. Practice your techniques now, before the emergency. Fee \$20.00.</p> <p>Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful. Allow 4 hours for clinic. Sign up by April 12.</p>			
Sunday April 16	2A	Nicomekl to Blackie Spit	Facilitator: Karen Jensen kjensen3@telus.net
<p>Launch: Ward's Marina, 13723 Crescent Rd, Surrey. On the water: 10am.</p> <p>A short, leisurely, bird-watching paddle along the Nicomekl River out to Crescent Beach. We'll stop by Wickson Pier for a drink and snack before heading back.</p> <p>Wetsuit or drysuit required. Maximum 6.</p> <p>Sign up by April 6 (before the Easter weekend).</p>			
Saturday April 22		PIKA All Trainers Symposium Sasamat Lake	Contact: John Drent safety@pikakayak.com
<p>Launch: White Pine Beach, Sasamat Lake. On the water: 9:30am.</p> <p>This symposium is for the PIKA trainers who will conduct the PIKA re-entry and rescue clinics.</p> <p>Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful. Sign up by April 17.</p>			



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APRIL

Saturday April 22	Greenland Paddle Skills Sasamat Lake	Contact: John Drent safety@pikakayak.com
Sunday April 23	1B South Arm Alouette River	Facilitator: Cathy Cook paddlingma@gmail.com
Thursday April 27	3C Alouette Lake	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
Saturday April 29	2B Chilliwack Lake	Facilitator: Doug Childress doug_childress@hotmail.com



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
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APRIL

Sunday
April

30

PIKA Re-entry and Rescue Clinic
Rolley Lake

Contact: John Drent
safety@pikakayak.com

Launch: Rolley Lake. On the water: 10am. Approximately 3 hours.

Instructors: Doug Childress, James Jordan, Daryl Spencer

Annual re-entry practice is a requirement to join all PIKA paddle trips. This year PIKA is providing instruction by way of our enhanced re-entry clinic, modelled on Paddle Canada re-entry and rescue clinics. The clinic covers updated re-entry techniques as well as various approaches to rescue before and after re-entry attempts. This clinic satisfies the PIKA annual requirements until May 31, 2024.

For you folks up the valley, Rolley Lake is a shallow reasonably warm lake.

Fee: No charge to PIKA members. Approximately 3 hours.

You will get wet. Wetsuit or drysuit required. Parking and bathrooms are close to the beach, but there are no dedicated change rooms.

Sign up by April 27.



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MAY

Monday May 1	2B Crescent Beach to White Rock	Facilitator: Bruce Fisher brufish2@gmail.com
Saturday May 6	PIKA Re-entry and Rescue Clinic Sasamat Lake	Contact: John Drent safety@pikakayak.com
Sunday May 7	Paddle Canada Basic Kayak Skills Sasamat Lake	Contact: Pat Jones 1roughcutdiamond@gmail.com



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MAY

Sunday May 7	2A	Wigeon Creek with Hike to Falls	Facilitator: Kathy Futchter kfletcher1@gmail.com
<p>Launch: Grant Narrows. On the water: 10am.</p> <p>Paddle across end of Pitt Lake and then up the sheltered waters of Widgeon Creek to campsite. Can be some current to cross. If you wish to hike to the falls, bring hiking shoes and layered clothing. Bring a lunch. Paddle time approximately 45 minutes each way. The hike takes approximately 2 hours. Wetsuit or drysuit required.</p> <p>Sign up by May 4.</p>			
Saturday May 13	3C	Steveston	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
<p>Launch: Sharkey's 4953 Chisholm Street in Ladner. On the water: 9am.</p> <p>Paddle to Steveston for lunch. Bring lunch/snack, or get fish n' chips at Pajos. If it's raining, wear a wetsuit or drysuit. If it is quite warm, you can get away without one, but bring dry clothes in a dry bag in case you get wet. Back about 3:00pm</p> <p>Sign up by May 10.</p>			
Saturday May 13	Introduction to Rolling Sasamat Lake	Contact: John Drent safety@pikakayak.com	
<p>Launch: White Pine Beach, Sasamat Lake. On the water at 9am.</p> <p>Instructors: Mike Gilbert, John Bakker</p> <p>Rolling your kayak is the absolute best recovery technique. Learn to do it in a safe setting. Sign up early for this popular clinic. Some paddlers appreciate nose plugs and swim goggles.</p> <p>Fee \$20. Class size limited to 6 students.</p> <p>Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful.</p> <p>Sign up by May 10.</p>			
Sunday May 14	1A	Ladner Marsh	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
<p>Launch: Wellington Point, 3653 River Road West in Ladner. On the water: 10am.</p> <p>Leisurely paddle around the marsh in Ladner. See the mute swans, eagles, herons and many varieties of ducks and shorebirds. You will also see seals and a variety of different float homes.</p> <p>If it's raining, wear a wetsuit or drysuit. If it is quite warm, you can get away without one, but bring dry clothes in a dry bag in case you get wet.</p> <p>Bring something to drink and a snack. You might want to bring a lunch in a small cooler to leave in your vehicle so you can eat it on the way home. We should be finished around noon.</p> <p>Sign up by Thursday May 11.</p>			



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MAY

Sunday-Saturday	2C	Desolation Sound Marine Park	Facilitator: John Halliday johall88@telus.net
May	14-20	<p>Co-facilitator Kathy Futcher</p> <p>A paddle into Desolation Sound Marine Park. Launch from Lund on Sunday afternoon and paddle to Copeland Islands. On Monday, paddle to Curme Island. From a camp based on one of the Curme Islands, 3 days to explore Mary Islands, Prideaux Haven, Tenedos Bay, Portage Cove, lower Homfray Channel. Paddle to Feather Cove for the last night before return to Lund on Saturday.</p> <p>Paddle distances and routes determined as a group each evening according to skills and conditions.</p> <p>Reference for locations and distances: BC Marine Trails member map and chart 3538.</p> <p>Maximum 6. Wetsuit or drysuit required. Sign up by April 7.</p>	
Saturday May	1A	Alouette River	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
20	<p>Launch: Trail Pavilion on Harris Road in Pitt Meadows. On the water: 10am.</p> <p>This is a very scenic paddle with lots of shore and water birds to be seen.</p> <p>If it's raining, wear a wetsuit or drysuit. If it is quite warm, you can get away without one, but bring dry clothes in a dry bag in case you get wet.</p> <p>Bring something to drink and a lunch. If we decide we want to, we can stop to eat lunch while we are out. Or, if everyone prefers, we can be back by noon and eat lunch on our way home.</p> <p>Sign up by Wednesday May 17.</p>		
Saturday Sunday May	20-21	Paddle Canada Sea Kayak Level-1 Skills – Lower Mainland	Contact: John Drent safety@pikakayak.com
	<p>Instructors: Doug Childress, John Drent</p> <p>This Paddle Canada-certified course includes 2 days on the water plus 2 evening Zoom sessions. This course also includes all re-entries required to join PIKA kayak trips. Limited class size.</p> <p>Course description can be viewed here: https://www.paddlecanada.com/levels/sea-kayak/akasharkbow/</p> <p>Prerequisites: Paddle Canada Basic Kayak Skills certification or equivalent skill and knowledge at the discretion of the course director.</p> <p>Fee: \$140. Wetsuit or drysuit required.</p> <p>Sign up by May 10.</p>		



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MAY

Saturday May 27	PIKA Re-entry and Rescue Clinic Sasamat Lake	Contact: John Drent safety@pikakayak.com
	Launch: White Pine Beach, Sasamat Lake. On the water: 9am. Instructors: John Bakker, Pat Jones, Scott Gable Approximately 3 hours.	
	Annual re-entry practice is a requirement to join all PIKA paddle trips. This year PIKA is providing instruction by way of our enhanced re-entry clinic, modelled on Paddle Canada re-entry and rescue clinics. The clinic covers updated re-entry techniques as well as various approaches to rescue before and after re-entry attempts. This clinic satisfies the PIKA annual requirements until May 31, 2024. This is our last re-entry clinic for the season.	
	Fee: Screaming deal. No charge to PIKA members. (Commercial rates for this clinic are \$150.)	
	You will get wet. Wetsuit or drysuit recommended. Pay parking. Park in Parking Lot F. Wheels are helpful.	
	Sign up by May 24.	
Saturday Sunday May 27- 28	Paddle Canada Sea Kayak Level-1 Skills – Lower Mainland	Contact: John Drent safety@pikakayak.com
	This Paddle Canada certified course includes 2 days on the water plus 2 evening Zoom sessions. This course also includes all re-entries required to join PIKA kayak trips. Limited class size.	
	Instructors: Philip Kubik, John Drent	
	Course description can be viewed here: https://www.paddlecanada.com/levels/sea-kayak/akasharkbow/	
	Prerequisites: Paddle Canada Basic Kayak Skills certification or equivalent skill and knowledge at the discretion of the course director.	
	Fee: \$140.00. Wetsuit or drysuit required.	
	Sign up by May 10.	
Sunday May 28	2B Belcarra to Twin Islands	Facilitator: Martin Desbois mttydes@hotmail.com
	Launch: təmtəmíxʷtən / Belcarra Regional Park. On the water: 9:30am.	
	Day paddle to Jug Island, Bedwell Bay and Farrer Cove with lunch on Twin Islands.	
	Distance 8-10nm. Wetsuit or drysuit required.	
	Sign up by May 25.	



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Sunday May 28	3D Chilliwack to Fort Langley	Facilitator: Sonny Zlotnik zlotnik_sonny@hotmail.com
	<p>Drop cars off at Fort Langley at 7am. Drive to Chilliwack and launch at Island 22 at 9am. Paddle down the river. Arrive at Fort Langley at 3pm. Drive back to Chilliwack to pickup the cars. Drive home.</p> <p>All vehicles must hold 2 kayaks and have all the right straps and parts to hold 2 kayaks.</p> <p>Wetsuit or drysuit required. Bring food and water. Distance: 34 nmi.</p> <p>Sign up by May 25.</p>	
Sunday May 28	Rolling Introduction and Review Sasamat Lake	Contact: John Drent safety@pikakayak.com
	<p>Launch: White Pine Beach, Sasamat Lake. On the water at 9am.</p> <p>Instructors: Scott Gable, Daryl Spencer</p> <p>Whether you are a beginner or just need some review and practice, come out to develop this important skill. Consider bringing a paddle float and swim goggles.</p> <p>Fee \$20. Limited class size.</p> <p>Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful.</p> <p>Sign up by May 25.</p>	



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JUNE

Thursday-Sunday June 1-4	3C	Mayne Island to Saturna Island	Facilitator: John Bakker jbakker042@gmail.com
Saturday June 3	Advanced Rescue and Re-entry Skills Clinic - Whytecliff	Contact: John Drent safety@pikakayak.com	
Sunday June 4	Rolling Introduction and Review Sasamat Lake	Contact: John Drent safety@pikakayak.com	

Thursday-Sunday June 1-4

3C

Mayne Island to Saturna Island

Facilitator: John Bakker
jbakker042@gmail.com

Thursday: Wheel on a morning ferry, Tsawwassen to Mayne Island. Launch from Village Bay, paddle south to Boat Pass for slack at 4pm. From there, east coast of Saturna to Cabbage Island where we will set up camp. distance 8km.

Friday: Explore Cabbage and Tumbo Islands.

Saturday morning, we pack up camp and head south around East Point light exploring as we go. Paddle to Narvaez Bay and camp. Reservations required.

Our last day Sunday we paddle west around Saturna to catch the afternoon ferry from Lyall Harbour to Tsawwassen. Reservations required for both ferries, well in advance. Wetsuit or drysuit Required.

Sign up by May 4.

Saturday June 3

Advanced Rescue and Re-entry Skills Clinic - Whytecliff

Contact: John Drent
safety@pikakayak.com

Launch: Whytecliff. On the water at 9:30am.

Instructors: Doug Childress, John Drent, Mike Gilbert

So, you practiced your mandatory re-entries in the lake. But can you do them in rough water? And are you able to help another injured paddler in rough water? Don't wait for an emergency to find out. Every safety conscious kayaker should know a variety of rescue techniques.

Highly recommended for current and future trip leaders. This also a great exercise for paddlers interested in higher level Paddle Canada courses.

Fee \$30. Wetsuit or drysuit required. Arrive early as parking is limited. Wheels are helpful.

Sign up by May 31.

Sunday June 4

Rolling Introduction and Review Sasamat Lake

Contact: John Drent
safety@pikakayak.com

Launch: White Pine Beach, Sasamat Lake. On the water at 9am.

Instructors: Doug Childress, Philip Kubik

Whether you are a first timer or a veteran, there is always more to learn and never too much practice. If you are new to rolling, consider bringing a paddle float and swim goggles.

Fee \$20. Wetsuit or drysuit required. Pay parking. Park in Parking Lot F. Wheels are helpful.

Sign up by May 31.



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JUNE

Sunday June 4	1B	Nicomen Slough	Facilitator: Cathy Cook paddlinggma@gmail.com
		Launch: Dewdney Boat Launch. On the water: 10am. We put in at the Dewdney Boat Launch near where Nicomen Slough empties into the Fraser River. You can access this by turning south off the Lougheed Highway onto River Road South. We will paddle up the slough, to or past the mouth of Norrish Creek, and possibly up the creek for lunch before returning to the launch site. Bring a garbage bag as there is usually lots of "treasure" to clean up off the banks of the slough, unfortunately. To complete the paddle, we will be heading to the Dewdney Pub (Church of the Blues) for a de-brief, COVID-19 rules permitting. Sign up by May 31.	
Monday June 5	1B	Brae Island and Kanaka Creek	Facilitator: Bruce Fisher brufish2@gmail.com
		Launch: Brae Island Regional Park. On the water: 10am. Paddle around Brae Island, cross the Fraser River, paddle up Kanaka Creek, eat lunch and return to Brae Island. Wetsuit or drysuit required Sign up by June 3.	
Saturday June 10	Intermediate Currents for Sea Kayakers – Fraser River	Contact: John Drent safety@pikakayak.com	
		Instructors: John Drent, Sonny Zlotnik Paddlers should have PC level 2 skills or equivalent experience, with good directional control and edging skills. We will cover "reading" currents and manoeuvring in fast water. Kayaks with some rocker will perform best. For owners of racing kayaks or shiny new boats, we have a few plastic boats to rent for the day (BYOP and call well in advance). Read this article for some background: Why-you-should-paddle-rivers-in-a-sea-kayak . Fee \$25. Limited class size. Wetsuit or drysuit and helmet required. Sign up by June 7.	
Sunday June 11	1A	PIKA Paddle and Picnic Hayward Lake	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
		Launch: Beach beside the boat launch. On the water: 10am. Lunch: 12:30pm This annual PIKA paddle and picnic is always well attended! There will be NO club meeting in June. Instead, we gather at Hayward Lake for a paddle round the lake, followed by a picnic. You'll want to arrive early, as Hayward Lake can get VERY busy. Plan for lunch around 12:30. Someone needs to babysit the food, so if you have a partner that is a non-paddler who would enjoy relaxing on the beach while we play on/in the water, please let me know! Sign up by June 4.	



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

Friday-
Sunday

3C

**Pirates Cove and
Blackberry Point**

Facilitator: John Bakker
jbakker042@gmail.com

June

**16-
18**

Friday: Wheel on the 8:45am ferry from Horseshoe Bay to Departure Bay. After wheeling out of the terminal, launch from Brechin boat ramp. paddle south across Nanaimo harbour and through False Narrows to Pirates Cove Marine Park on DeCourcy Island, 21km.

Saturday: Paddle to Blackberry point on Valdes Island for lunch and return to Pirates Cove; 7 km each way.

Sunday morning, we pack up camp and head north to Departure Bay by 3pm.

Wetsuit or drysuit required. Sign up by May 12.



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

JULY

Wednesday- Friday July 5-14	3C	Bunsby Island Group	Facilitator: Doug Childress doug_childress@hotmail.com
Wednesday July 12	1B	Hayward Lake	Facilitator: Cathy Cook paddlinggma@gmail.com
Wednesday- Sunday July 12-16	3C	Penn Islands	Facilitator: John Bakker jbakker042@gmail.com

Our journey launches from Gold River at 0700hrs Thursday July 6 aboard the MV Uchuck. Your kayak and the majority of gear are required to be at the departure dock by 1400hrs on July 5th. The Uchuck route will take the inside passage along Nootka Island through Tahsis Inlet and Esperanza Inlet to Kyuqout, the Uchuck's most northerly destination. The Uchuck is a 136-foot supply ship stopping along the way with an estimated arrival at Kyuqout around 1500hrs, depending on the number of stops scheduled that day. You can refer to the Get West Adventures web site, getwest.ca to get more information on the Uchuck sailings.

This is a remote location on the outer coast of Vancouver Island, south of Brooks peninsula. Paddlers are exposed to open waters from the Mission Group to the Bunsbys for approximately 6 nmi. Camping gear, food and water along with the appropriate immersion gear for an 8-night trip. Water is available from various creeks in the area.

The return trip to Gold River departs from Kyuqout on Friday, July 14 at 0700hrs, arriving back in Gold River by mid-afternoon. A night stay for mainland folks is suggested in Gold River or somewhere on Vancouver Island.

Due to the exposure to open waters in a remote area of the island, experience and intermediate to advanced skills are required. Ferry fees to Vancouver Island and the cost of accommodation in Gold River along with \$162 return fee per passenger and \$44 return fee for each kayak aboard the Uchuck are the costs you can expect to pay. Payment isn't due until closer to departure day.

Wetsuit or drysuit required. Trip is limited to 6 paddlers. Sign up by June 1st.

Launch: boat launch. On the water: 10am.

Hayward Lake provides a lovely leisurely paddle with options to practice weaving in and out of stumps left behind when the area was flooded behind the dam. We will stop for lunch at a nice sheltered beach, before returning to the boat launch.

Plan on arriving early and carpooling, if possible, as parking is at a premium.

Sign up by July 9.

Thursday: 7:45am ferry Tsawwassen to Duke Point; Noon ferry Campbell River to Quadra Island. Launch from Heriot Bay 2pm; arrive on North Penn approx. 6pm.

Thursday, Friday & Saturday: explore the region – Cortez Island (Háthayim Marine Park), Read Island, Rendezvous Islands.

Sunday: Early start, return to Heriot Bay in time to catch an afternoon ferry home. A wetsuit or drysuit is required; expect cold conditions.



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

JULY

Sunday July 16	2B	Gulf Island Day Trip	Facilitator: James Jordan haggis11@telus.net
		A day paddle from Village Bay on Mayne over to Roe Islet on North Pender. We will wheel on the 7am ferry from Tsawwassen to make it a full day and a worthwhile trip. Pending BC Ferries scheduling. Maximum 6 paddlers.	
Sunday July 23	3D	Anvil Island	Facilitator: Jonas Lindgren jonas@piccolosoft.com
		Launch: Porteau Cove. On the water: 8am Circumnavigate Anvil Island: Porteau Cove - Defence Islands - Anvil Island - Pam Rock - Porteau Cove. Duration: 8am to 4pm. Subject to favourable weather forecast. Distance 14 nmi.	
Saturday July 29	3C	Bowen South	Facilitator: Sarah Cummins sarahliz@telus.net
		10:15am ferry from Horseshoe Bay to Snug Cove. Launch 12 midday Tunstall Bay. Paddle out to Worlcombe Island, then behind Pasley, Popham, Hermit, Little Popham and Ragged Islands. Bring wetsuit or drysuit, snacks, water, sunscreen and swimmers. Spare dry warm clothes. 10 nautical miles. Howe Sound conditions apply.	



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

AUGUST

Saturday-Sunday August 12-20	3C	God's Pocket Marine Park	Facilitator: Karen Jensen kjensen3@telus.net
		Co-facilitator: Martin Desbois An exploratory paddle through God's Pocket Marine Park, an undeveloped archipelago at the entrance to Queen Charlotte Strait. First night in Port Hardy to allow an early launch the following day. 7 days and 6 nights (camping) to allow for exploration of Bell, Hurst, Balaklava and the Gordon islands, before paddling back to Port Hardy for our last night. Paddle routes and distances will be determined as a group each evening and adjusted according to conditions and skills of the group. Pre-trip meeting in early May. Maximum number: 8 (due to limited campsites) Sign up by April 1.	
Saturday August 26	2B	Barnet Marine Park to Twin Islands	Facilitator: John Bakker jbakker042@gmail.com
		Launch: Barnet Marine Park. On the water: 10am. Wheels required to get from the parking lot down to the beach. We will paddle up Indian Arm, with a mix of decent length crossings & a chance to poke around the cliffs and rocks. Our goal is to have lunch on the beach at Twin Islands. Bring a lunch and suitable liquid refreshment. Distance 5 nmi each way, return time 4pm.	
Wednesday-Saturday August-September 30-2		Paddle Canada Level-2 Sea Kayak Skills Course – Lower Mainland	Contact: John Drent safety@pikakayak.com
		Prerequisite: Paddle Canada Level 1 Sea kayak Skills or equivalent and permission of the instructor. Instructors: Doug Childress, John Drent For paddlers who are not interested in course camping or the time and expense of ferry travel, this Paddle Canada-certified course offers the full Level-2 curriculum including 4 days on the water plus evening Zoom sessions. Advanced directional control, blended strokes, maneuvering in waves and current, journeying and seamanship, expedition behavior, introduction to rolling, advanced re-entry and rescue techniques, navigation and weather. Course fee: Call for ultra-low club pricing. Limited class size. Wetsuit or drysuit required. Sign up by August 25.	



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

SEPTEMBER

Monday September 4	3D	Hope to Chilliwack	Facilitator: Sonny Zlotnik zlotnik_sonny@hotmail.com
		<p>Meet at Island 22 in Chilliwack at 7 am on Sept 4. We will shuttle boats to one car and drive to Hope. This will require everyone to have a vehicle that will hold 2 boats and have all the tie-down straps.</p> <p>We will launch from Hope at 9am. The paddle is 32 miles long and will take 6 hours with a 45-minute lunch stop. We will be at Island 22 at 3:00. Then we drive to Hope to retrieve the second car and go home.</p> <p>At the start there will be strong current about 10 knots and standing waves. There will be whirl pools. We may see whirl pools at the Harrison Fraser Junction. A possible side trip would be to paddle up the Harrison to Kilby. This would add an hour to the trip but would add some great scenery. It depends on how fast we get down the river.</p> <p>Distance: 32 nmi. Wetsuit or drysuit required. Helmet required. Bring food and water.</p>	
Wednesday- Sunday September 6-10	2B-3C	Hornby Island	Facilitator: Bruce Fisher brufish2@gmail.com
		<p>Co-facilitator: Brent Vernon</p> <p>The trip commences on Wednesday evening at Bradsdadsland campground on Hornby Island, where we will be staying until Sunday morning.</p> <p>Picturesque Hornby and Denman Islands are just off the east coast of Vancouver Island near Comox. Depending on weather and proclivities of the paddlers, we will plan each day's activities the night preceding paddles. Wetsuit or drysuit required.</p> <p>Hornby Island has resplendent hiking trails, beaches and mountain biking too.</p> <p>Maximum 9 paddlers. Planning meeting in July. Sign up by July 1.</p>	



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2023 TRIPS and TRAINING CALENDAR

SEPTEMBER

Thursday-Sunday September 14-17	2B-3B	Portland Island	Facilitator: James Jordan haggis11@telus.net
Thursday-Monday September 14-18	3D	Tofino	Facilitator: Sonny Zlotnik zlotnik_sonny@hotmail.com
Friday September 15	Paddling in Surf Chesterman Beach	Contact: John Drent safety@pikakayak.com	
Wednesday September 20	1B	Cultus Lake	Facilitator: Cathy Cook paddlingma@gmail.com



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

SEPTEMBER

Thursday September 21	3C	Steveston	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
Friday- Sunday September 22- 24	2B	Pitt Lake to Osprey Campsite	Facilitator: Doug Childress doug_childress@hotmail.com
Saturday September 23	2B	Barnet Marine Park to Deep Cove with Donuts and Knots	Facilitator: Scott Gable scott@conceptgroupfinancial.com



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

SEPTEMBER

Saturday
September

3C

**Yale to Hope
Upper Fraser River**

Contact: John Drent
safety@pikakayak.com

30

Meet in Hope at 9am.

Paddlers should have PC level 2 equivalent or better sea kayak skills, including the ability to manoeuvre in fast moving water, good self-rescue skills, and should feel confident in big water.

If you are at all unsure about this trip, paddle from Hope to Island 22 first and see how you like it. Then expect that the upper section has faster currents and more features.

The upper section most resembles conditions found in some of the local tidal passes. Big volume river but with few obstructions. We will hit as many eddies as we can and practice manoeuvres. Trip is dependent on water levels.

Wetsuit or drysuit and helmet required. Distance: 14 miles.

Sign up by September 27.



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2023 TRIPS and TRAINING CALENDAR

OCTOBER

Sunday October 1	2C	Poplar Bar to Matsqui Island	Facilitator: John Halliday johall88@telus.net
<p>Launch: Poplar Bar in Abbotsford. On the water: 10am.</p> <p>Paddle up the Fraser River and circumnavigate Matsqui Island. Stop for lunch on beach on Matsqui Island. Bring lunch and water. Allow 4+ hours for this trip. Wetsuit or drysuit required.</p> <p>Distance approx. 12 nmi. Sign up by September 28.</p>			
Saturday October 7	3C	Boundary Bay Crossing	Facilitator: John Drent jtdrent@telus.net
<p>Launch: Target Street in Crescent Beach. On the water: 9:30am.</p> <p>Big crossing practice, 13.3 nmi total. We cross Boundary Bay from Crescent Beach to Centennial Beach in Tsawwassen and back, just so we can say we did it. Boundary Bay is usually quite tame, but a southerly wind can produce some big waves in this shallow bay. This is semi-protected water, but it is still a big crossing and, as with all big crossings, the objective is to cross before the weather changes. Not a sightseeing tour. Wetsuit or drysuit required.</p> <p>Sign up by October 4.</p>			
Sunday October 8	3C	Pasley Islands from Tunstall Bay Bowen Island	Facilitator: John Bakker jbakker042@gmail.com
<p>Drive on the Bowen ferry at Horseshoe Bay and across Bowen Island to Tunstall Bay; target 10:30am launch. Paddle to the Pasley Islands then over to Salmon Rock on Keats Island for lunch. After lunch we proceed back through the Pasleys to Tunstall. Expected return 4pm ferry.</p> <p>Wetsuit or drysuit required. Carpooling can be arranged 1 week before.</p>			
Saturday October 14	2B	English Bay	Facilitator: Philip Kubik philroku@gmail.com
<p>Launch: Jericho Sailing Centre. On the water: 10am.</p> <p>Circumnavigation of English Bay, including a 3 nmi crossing of the bay. Parking at the sailing centre is free at this time of year. Wetsuit or drysuit required. Bring water and lunch.</p> <p>Distance: 8nmi. Contact Philip at philroku@gmail.com by preceding Wednesday.</p>			



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2023 TRIPS and TRAINING CALENDAR

OCTOBER

Monday-Friday October 16-20	3C	Quadra Island Surge Narrows	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
Friday-Sunday October 20-22	1A	Newcastle Island	Facilitator: James Jordan haggis11@telus.net
Saturday October 28	2B	Harrison River	Facilitator: John Bakker jbakker042@gmail.com
Sunday October 29	1A	4th Annual Buntzen Lake Halloween Hot Chocolate	Facilitator: Cathy Cook paddlingma@gmail.com



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2023 TRIPS and TRAINING CALENDAR

NOVEMBER

Thursday November	3C	Westham Island	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
2	Launch: Wellington Point, 3653 River Road West, Ladner. On the water: 10am. Circumnavigation of Westham Island. Learn where all the ducks hide from the hunters. Wear a wetsuit or drysuit. Bring snacks or lunch and water. Minimal opportunities to get out of kayak. Approx. 4 hours. Sign up by October 30.		
Saturday November	2B	Jericho to Granville Island Market	Facilitator: Sarah Cummins sarahliz@telus.net
4	Welcoming in the Winter Season with some Christmas shopping and delectable delights. Launch: Jericho Beach. On the water: 8:30am. Meet 8am east end of car park at Jericho Sailing Club. 8 nautical miles. Paddle to Alder Dock Granville Island. Lock up kayaks. Walk to cafe for breakfast, then market for shopping. Sarah will arrange lockers or cart to store and protect gear while shopping etc. Bring wetsuit or drysuit, thermals to keep warm under drysuit, pogies, street shoes and coat, kayak lock and shopping bags. Plan to use outgoing tide to assist us back to Jericho in the afternoon before dark. Great way to enjoy Granville Market avoiding traffic jams and parking fees !!		
Sunday November	2C	Indian Arm	Facilitator: Philip Kubik philroku@gmail.com
12	Launch: Deep Cove Canoe and Kayak Centre. On the water: 9:30am. Deep Cove to Silver Falls and back. Numerous waterfalls at this time of year. Wetsuit or drysuit required. Bring water and lunch. Distance: 14 nmi. Contact Philip at philroku@gmail.com by preceding Thursday.		
Sunday November	2B	Barnet Marine Park to Deep Cove	Facilitator: James Jordan haggis11@telus.net
19	Launch: Barnet Marine Park. On the water: 10:30am. Paddle up Indian Arm to the end of Belcarra and over to Deep Cove. Donut run up to Honey's in Deep Cove optional. Wheels required.		
Saturday November	2C	Whytecliff to West Vancouver	Facilitator: John Bakker jbakker042@gmail.com
25	Launch: Whytecliff Park. On the water: 10am. Launch from Whytecliff Park and follow the shoreline past Lighthouse Park. We will stop for lunch at West Bay Park and return. Total distance 12 nmi. Finish time 3pm. Wetsuit or drysuit is required; expect cold conditions. Bring lunch and water.		



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

DECEMBER

Saturday December	1B	Brae Island to Kanaka Creek	Facilitator: George Korbach akayaker1@gmail.com
2	Launch: Brae Island Regional Park. On the water: 10am. Paddle across Fraser River to Kanaka Creek for lunch. Wetsuit or drysuit required. Bring lunch and water.		
Sunday December	2A	Ladner Paddle and Pub Lunch	Facilitator: Brenda Viala brenda.bjboo@gmail.com
10	Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 10am. Stop at this launch location to drop off your gear and park your vehicle in the large parking lot across the street. Take a break from all the Christmas chaos! After our paddle we'll enjoy lunch at Speeds Pub (they make yummy warming soups!). Wetsuit or drysuit required. Sign up by December 8.		
Wednesday December		Christmas Party	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
13	Information will be posted in newsletter closer to the date. Location: Harmsworth Hall		



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

JANUARY 2024

Monday
January

1B

Deep Cove Penguin Plunge
New Year's Day

Facilitator: Pat Jones
1roughcutdiamond@gmail.com

1

Launch: Barnet Marine Park. On the water: 12:30pm.

Every year crowds gather to participate and watch hundreds of brave souls in swimsuits and funny costumes celebrate the New Year. The swim kicks off at 2pm. We will be on the water at 12:30 pm for a short paddle to Jug Island then to Deep Cove to observe the event and the huge bonfire. We should be off the water by 3pm. Dress warmly and bring a hot beverage and lunch. Wetsuit or drysuit required. Wheels are necessary for launch.

→ You must be a PIKA member for **2024** to participate in this trip.



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2023 TRIPS and TRAINING CALENDAR

CLINICS AND SKILLS DEVELOPMENT

For PIKA members only, the following clinics and skill development sessions are included in the calendar. Sign up is the same as for a PIKA paddle. For details, see referenced dates in the calendar.

- Deck Line Clinic, April 1
- Towing Clinic, April 15
 - PIKA All Trainers Symposium, Re-entry and Rescue Clinic, April 22
- Greenland Paddle Skills, April 22
 - PIKA Re-entry and Rescue Clinic, April 30
 - PIKA Re-entry and Rescue Clinic, May 6
- Introduction to Rolling, May 13
 - PIKA Re-entry and Rescue Clinic, May 27
- Rolling Introduction and Review, May 28
- Advanced Rescue and Re-entry Skills Clinic, June 3
- Rolling Introduction and Review, June 4
- Intermediate Currents for Sea Kayakers, June 10
 - Paddling in Surf, September 15

- Participants pay a fee.

PADDLE CANADA TRAINING

Paddle Canada Basic Kayak Skills

For details, see May 7 in the calendar.

Paddle Canada Level-1 Sea Kayak Skills

For details, see May 20 and May 27 in the calendar.

Paddle Canada Level-2 Sea Kayak Skills

For details, see August 30 in the calendar.



PACIFIC INTERNATIONAL KAYAK ASSOCIATION
2023 TRIPS and TRAINING CALENDAR

CALENDAR HISTORY

Date	Change
January 30	Original release
February 7	Changed June 6 Brae/Kanaka trip to June 5
March 22	Added Desolation Sound trip in May
March 24	Changed Karen Jensen's email address to kjensen3@telus.net
April 18	Changed May 14 Nicomen Slough trip to June 4
April 19	Changed May 21 Chilliwack to Fort Langley trip to May 28
May 8	Added Ladner Marsh trip on May 14 and Alouette River trip on May 20
May 9	Changed July 17 PC Level-2 course to August 30
September 4	Changed September 8 Harrison River to October 28
October 4	Cancelled October 29 Buntzen Lake Halloween trip
October 14	Reinstated October 29 Buntzen Lake Halloween trip with new facilitator
October 23	Changed facilitator for January 1 New Years' Day trip to Pat Jones
October 25	Added Christmas Party December 13