



# PIKA TRIPS TRAINING AND EVENTS CALENDAR 2020

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## **PACIFIC INTERNATIONAL KAYAK ASSOCIATION**

### **2020 TRIPS, TRAINING and EVENTS CALENDAR**

## **WELCOME**

Welcome to the 2020 PIKA trips, training and events calendar, your guide to paddling happiness.

PIKA's volunteer trip facilitators spend a lot of time researching and creating this calendar for paddling throughout the year. It includes trips, clinics and practices that appeal to every skill level. Facilitators may limit the number of participants on their trips so sign up early and often!

Please note that there are no "drop in" trips. You MUST contact the trip facilitator to sign up, at least 2 days before the day of the trip and earlier for weekend or full week trips. Trip launch sites can be changed, carpooling may be required, group size may be limited, trips may be cancelled or rescheduled and if you haven't spoken to the trip facilitator, you may find yourself on the beach alone. In addition, a float plan must be filed by the facilitator and your emergency contact information is required. Please make sure you get a confirmation back from the facilitator.

Consult the classification chart on the next page to determine if a trip may be suitable for you. Discuss your skills with the trip facilitator if necessary.

## **HOW TO SIGN UP FOR A TRIP**

When you select a trip to sign up for, ensure that your skills meet the paddle's PIKA classification. The facilitator may not allow you on the trip if they feel that you don't meet that classification.

To sign up for a trip, contact the facilitator by email at least 2 days before the trip (or by the date specified in the trip description) and provide the following information:

- Your name
- Number of years of paddling experience and your Paddle Canada or equivalent skill level
- Name of manufacturer of your kayak and its colour
- Medical issues that the facilitator needs to be aware of
- Your cell phone number
- Emergency contact phone number
- Your vehicle's manufacturer, model, colour and license plate number
- Your MMSI number if you are bringing a VHF radio



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**TRIP CLASSIFICATION SYSTEM**

PIKA applies the classification system described below in its trip calendar to indicate the expected skills/degree of difficulty (1-4) and distance involved and physical effort necessary (A-D) for a PIKA trip.

A trip classification is set by the most difficult and most strenuous part of the trip. It does not take into account changes in sea conditions or weather which may change trip classification unexpectedly.

For the required equipment for a trip, see the PIKA Paddler Guidelines.

<b>TRIP CLASSIFICATION</b>	<b>A-Not Strenuous</b> •Less than 3 hours per day •Less than 6 nmi •Sheltered spots	<b>B-Moderately Strenuous</b> •3 to 5 hours per day •6 to 10 nmi •Some sheltered spots	<b>C-Strenuous</b> •5 to 6 hours per day •10 to 15 nmi •Infrequent sheltered spots	<b>D-Very Strenuous</b> •More than 6 hours per day •More than 15 nmi •Few or no sheltered spots
<b>1-Easy</b> •Minimal paddling skills •Assisted re-entry skills •Protected inland waters •Moderate wind effects •Weak to moderate current •Easy to moderate landings	↓ <b>1A</b>	↓ <b>1B</b>	↓ <b>1C</b>	↓ <b>1D</b>
<b>2-Moderate</b> •Basic paddling, able to brace •Self/assisted re-entry skills •Sheltered/partly-sheltered coastal waters •Moderate wind effects •Weak to moderate current •Easy to moderate landings	↓ <b>2A</b>	↓ <b>2B</b>	↓ <b>2C</b>	↓ <b>2D</b>
<b>3-Difficult</b> •Good paddling, sea skills •Self/assisted re-entry skills •Open coast, exposed water, crossings and swells. •Moderate to strong wind effects •Moderate to strong current •Surf and difficult landings	↓ <b>3A</b>	↓ <b>3B</b>	↓ <b>3C</b>	↓ <b>3D</b>
<b>4-Very Difficult</b> •Advanced paddling and sea skills •Self/assisted re-entry and rolling skills •Strong individual paddler •Long open crossings •Exposed coast •Turbulent water, chop •Strong wind effects, large swells •Strong current •Surf and difficult landings	↓ <b>4A</b>	↓ <b>4B</b>	↓ <b>4C</b>	↓ <b>4D</b>

**YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY ON ALL TRIPS.** Make sure you have the skill level, the physical strength and endurance and the right equipment. Do not go out in conditions that you are uncomfortable with. Kayaking conditions are variable and contain unpredictable elements that make any attempt to grade inexact.



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# FEBRUARY

Saturday February <b>1</b>	<b>Pool Session</b>  For details, see <a href="#">Pool Sessions FAQ</a> .
Sunday February <b>2</b>	<b>2C-3D</b> <b>Pitt Lake Osprey Campsite</b> Facilitator: Sonny Zlotnik 20 nmi <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>  Launch: Grant Narrows. On the water: 8:00am. Osprey Campsite run. Plan to be back by 4:00pm Sign up by January 29
Wednesday February <b>12</b>	<b>PIKA Monthly Meeting</b>  Harmsworth Hall, 7:30pm
Saturday February <b>15</b>	<b>Pool Session</b>  For details, see <a href="#">Pool Sessions FAQ</a> .
Saturday February <b>22</b>	<b>Pool Session</b>  For details, see <a href="#">Pool Sessions FAQ</a> .
Sunday February <b>23</b>	<b>Trip Facilitator Training</b>  For details, see <a href="#">Trip Facilitator Training</a> .
Saturday February <b>29</b>	<b>1A</b> <b>Hayward Lake</b> Facilitator: Karen & Stan Matier  <a href="mailto:smatier@shaw.ca">smatier@shaw.ca</a>  Launch: at the beach next to the boat ramp. On the water: 10:30am. There is a nice public washroom at the launch site with heated changing areas with a bench that you can use to get into your wetsuit or drysuit, which is required. We will go for a nice casual paddle around the lake checking out the shore and paddle thru the trees. Plan is to have lunch at the beach near the Ruskin Dam (there is a proper outhouse at this spot). So bring your snacks, lunch and water. Allow 3-4 hours for this trip. Sign up by February 26



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# MARCH

Saturday March <b>1</b>	<b>BC Marine Trails Network Spring Environmental Forum Registration Opens</b> <b>Cancelled</b>
Saturday March <b>7</b>	<b>1A                      Ladner Marsh</b> Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>  Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 10:00am. Basically, a tour of the float homes and nearby islands. Should be back at the dock at Sharkey's about noon. Afterwards we can eat lunch at Speed's pub next door. Wetsuit or drysuit required.  Sign up by Wednesday, March 4 <sup>th</sup> .
Saturday March <b>7</b>	<b>Pool Session</b>  For details, see <a href="#">Pool Sessions FAQ</a> .
Sunday March <b>8</b>	<b>1B to 2B                      Stave Lake</b> Facilitator: James Jordan <a href="mailto:haggis11@telus.net">haggis11@telus.net</a>  Launch: Stave Lake Boat Launch. On the water: 10:30am. Paddle up the lake to Lone Tree Island, maybe farther if everyone is up to it. Wetsuit or drysuit needed as the water will be refreshingly cool. As required with all trips, bring lunch and suitable liquid refreshment.  Sign up by March 6 <sup>th</sup> .
Wednesday March <b>11</b>	<b>PIKA Annual General Meeting</b>  The AGM and executive elections are followed by a regular general meeting and gear swap and sale.  Do you have spare gear to sell? Bring your gently used kayaking or camping gear to our semi-annual gear swap and sale, and if you're looking for gear, bring your wallet!  Items are always at a great price and in great condition - so if you're just starting out and need kayak or camping gear, or if you've been kayaking for a while and have worn out some of your gear, this is the place to be!  Harmsworth Hall, 7:30pm



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# MARCH

Saturday March	<b>2C</b> 11.3 nmi (13 statute miles)	<b>Lower Fraser South Arm Brownsville Bar to Ladner</b>	Facilitator: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
<b>14</b>	Meetup: Brownsville Bar Park. Time: 9:00am. Paddle a big river with easy currents. The ebb tide should make for a relaxing trip down to Ladner. Wetsuit or drysuit required. Sign up by March 12.		
Sunday March	<b>1A</b>	<b>Alouette River to Deboville Slough</b>	Facilitator: Debbie Clelland <a href="mailto:d-j@telus.net">d-j@telus.net</a>
<b>15</b>	Launch: Alouette River at Harris Road. On the water: 10:00am. A leisurely yet interesting paddle, this trip crosses the Pitt River and up Deboville Slough, maybe paddling with swans along the way. After the Slough we will head up the Pitt and have lunch on Goose Bar before returning to the launch point. Wetsuit or drysuit required. Debrief at Samz Pub. Sign up by March 12.		
Saturday March	<b>1A</b>	<b>Buntzen Lake</b>	Facilitator: Stan & Karen Matier <a href="mailto:smatier@shaw.ca">smatier@shaw.ca</a>
<b>21</b>	Launch: Buntzen Lake boat launch. On the water: 10:00am. Unload kayaks and gear at the launch site and then move your cars to the parking lot. This is a busy spot so please leave yourself enough time to arrive, unload and find a parking spot. The plan is for a nice easy paddle circumnavigating the lake about 3 hours and to have lunch at the far end of the lake where there are picnic tables and outhouses. Please bring snack, lunch and water. Wetsuit or drysuit required. Sign up by March 18		
Sunday March	<b>2B</b> 10 nmi	<b>Deep Cove to Bunzten Power Station</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<b>22</b>	Launch: Deep Cove. On the water: 10:00am. Paddle up the west side of Indian Arm to Thwaytes Landing for lunch. Cross over to the Buntzen power station, and then follow the shoreline to Twin Islands for a break. From Twin Islands we will paddle across to Raccoon Island, before crossing back to the west side of Indian Arm to return to Deep Cove. Expected return 4pm. Wetsuit or drysuit required. Bring lunch and suitable liquid refreshment. Sign up by March 19		



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# MARCH

Saturday March  <b>28</b>	<b>Kayak Repair and Deck Lines Clinic</b>  <b>Cancelled</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
Sunday March  <b>29</b>	<b>2C</b> 11 nmi  Launch: Jericho Sailing Centre. On the water: 10:00am. Circumnavigation of English Bay and False Creek. At Jericho Sailing Centre, parking is free October to March. Wetsuit or drysuit required. Bring water and lunch. Sign up by March 26	<b>English Bay Circumnavigation</b> Facilitator: Phillip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>



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# APRIL

Saturday April <b>4</b>	<b>BC Marine Trails Network Spring Environmental Forum</b> <b>Cancelled</b>
Wednesday April <b>8</b>	<b>PIKA Monthly Meeting</b> <b>Cancelled</b>
Saturday April <b>11</b>	<p><b>2B Belcarra Park to Twin Islands</b>      Facilitator: John Bakker  <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a></p> <p>12 nmi</p> <p>Launch: Belcarra Park. On the water: 10:00am.</p> <p>This is an extended paddle in Indian Arm with a mix of decent-length crossings and a chance to poke around the cliffs and rocks. Our goal is to have lunch on the beach on Twin Islands and have an extended stop of 90 minutes. The intention is to give the option to go snorkeling or just to enjoy the day. Return time 4pm.</p> <p>Bring a lunch and adequate water.</p> <p>Sign up by April 8.</p>
Sunday April <b>19</b>	<p><b>1A Towing Clinic Blackie Spit</b>      Facilitator: Doug Childress  <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a></p> <p>On the beach at 10:00am, duration 6 hours. We will discuss different towing options then put them to practice. Solo and group towing scenarios. How to handle fatigue, injury, illness to ensure the safety of the paddler and the group. Efficient group tow without loss to the towing integrity. Drysuit or wetsuit required.</p> <p>You must bring a tow line. If you don't have one, a <a href="#">quick release dynamic tow line</a> is recommended. Available from MEC and Western Canoe &amp; Kayak.</p> <p>Sign up by April 16.</p>





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# APRIL

Sunday April  <b>19</b>	<b>2C to 3C</b>	<b>Paisley Islands from Tunstall Bay</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<p>Launch: Tunstall Bay. On the water: 10:30am. Drive on the 9:05am ferry at Horseshoe Bay and drive across Bowen Island to Tunstall Bay. Paddle over to the Paisley Islands, then over to Salmon Rock on Keats Island for lunch. After lunch we will proceed back though the Paisleys to Tunstall. Expect to return on 4:00 pm ferry. The area is subject to windy conditions; plans will be adjusted as required. Wetsuit or drysuit required. Carpooling can be arranged 1 week before. Sign up by April 13.</p>			
Saturday April  <b>25</b>	<b>3C</b> 15 nmi	<b>South Bowen Island</b>	Facilitator: Phillip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>
<p><b>Rescheduled to May 2</b></p>			
Sunday April  <b>26</b>	<b>1A</b>	<b>Cultus Lake Practice Session</b>	Facilitator: James Jordan <a href="mailto:haggis11@telus.net">haggis11@telus.net</a>
<p>Launch: Cultus Lake. On the water: 10:30am. We are running this spring practise session in conjunction with the <a href="#">Western Canoe &amp; Kayak Paddle Expo</a>. Come and work out bugs at the spring practise and maybe build some new skills. Also, you can do your mandatory annual re-entries. Sign up by April 23.</p>			
Sunday April  <b>26</b>	<b>Cultus Lake PIKA booth</b>		Contact: James Jordan <a href="mailto:haggis11@telus.net">haggis11@telus.net</a>
<p>For details, see <a href="#">Events</a></p>			



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# MAY

Saturday May  <b>2</b>	<b>Paddle Canada Basic Kayak Skills</b>	Contact: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
	For details, see <a href="#">Training</a> .	
Saturday May  <b>2</b>	<b>3C South Bowen Island</b>	Facilitator: Phillip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>
	15 nmi  Launch: from dock at Caulfeild Cove. On the water: 8:30am. Caulfeild Cove in West Vancouver to Cape Roger Curtis on Bowen I. and back. Bring water and lunch. South Bowen I. is exposed to wind in Georgia Strait. We will cross the ferry lane in Queen Charlotte Channel. Sign up by April 29.	
Sunday May  <b>3</b>	<b>1A Directional Control Clinic Hayward Lake</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
	Launch: Hayward Lake. On the beach: 10:00am. Learn how to make your boat go exactly where you want, when you want, by using directional strokes. We will cover different turning, steering strokes and low brace. Drysuit or wetsuit required. Sign up by April 30.	
Saturday May  <b>9</b>	<b>3D Fraser River Chilliwack to Ladner</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
	40+ nmi  Launch: Island 22. On the water: 6:30am. Arrive in Ladner at about 5:00pm. Sign up by May 6	
Saturday May  <b>9</b>	<b>1A Wigeon Slough</b>	Facilitator: Martin Desbois <a href="mailto:mtydes@hotmail.com">mtydes@hotmail.com</a>
	Launch: Grant Narrows. On the water: 10:00am. Paddle the tranquil waters to the campsite. If you wish to hike to the falls bring your hiking shoes and layered clothing. Bring your lunch. The paddle time is approximately 45 minutes each way. The hike takes about 2 hours. Those wishing not to hike can practice strokes, towing and rescues. The water is still cold in May therefore a drysuit or wetsuit is required. Sign up by May 6.	



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# MAY

Sunday May  <b>10</b>	<b>2D-3D</b> 25+ nmi	<b>Fraser River Fort Langley to Ladner</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
Launch: Brae Island Fort Langley. On the water: 9:00am. Arrive in Ladner at about 3:00pm. Sign up by May 7			
Wednesday May  <b>13</b>	<b>PIKA Monthly Meeting</b> Harmsworth Hall, 7:30pm		
Friday to Monday May  <b>15-18</b>	<b>1A</b>	<b>Horne Lake Vancouver Island</b>	Facilitator: Cathy Cook <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>
Are you interested in something different? How about caving? Rappelling? Hiking? And kayaking? Horne Lake Caves is a world-renowned destination for adventure-seekers with guided cave tours from mild to wild (how about rappelling down a waterfall and climbing back out on a cable ladder?) Check out the caving options at <a href="https://hornelake.com/">https://hornelake.com/</a> In addition to caving, there are tons of hiking trails in <a href="#">Horne Lake Provincial Park</a> and the lake itself offers a very scenic paddling opportunity. Camping will be at the park. We'll have a pre-meeting to see what level of caving people would like to sign up for. Costs include ferry, camping and caving. Sign up by February 29.			
Sunday May  <b>17</b>	<b>1B</b>	<b>Nicomekl River</b>	Facilitator: John Harris <a href="mailto:john_harris@exportpackers.com">john_harris@exportpackers.com</a>
Launch: Target Street in Crescent Beach. On the water: 10:00am. Paddle up the river to the dam and stop at Stewart farm for lunch/snacks. Sign up by May 14.			



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Monday May  <b>18</b>	<b>4D+</b> 81 nmi (93 statute miles)	<b>Fraser River Hope to Ladner</b>	Facilitator: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
<p>Launch: Hope. On the water: before dawn.          Advanced paddle skills and endurance capabilities required. Minimum moving time is expected to be 13 hours. That is without breaks. We'll have 15.5 hours of daylight. There will be some stretches of turbulent water.          Overnight camping in Hope the night before will allow us to launch before sunrise.          Trip depends on water levels. Wetsuit or drysuit required.          Sign up by May 9</p>			
Saturday & Sunday May  <b>23,24</b>	<b>Paddle Canada Level 1 Skills</b>		Contact: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
<p>For details, see <a href="#">Training</a>.</p>			
Sunday May  <b>24</b>	<b>2D-3D</b> 30 nmi	<b>Pitt River/Fraser River Grant Narrows to Ladner</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
<p>Launch: Grant Narrows. On the water: 7;30am.          Should arrive in Ladner at 2:00 pm          Sign up by May 21.</p>			
Friday to Sunday May  <b>29-31</b>	<b>3C</b>	<b>Circumnavigation of Gabriola Island</b>	Facilitator: Frank Wilson <a href="mailto:frankjwilson@gmail.com">frankjwilson@gmail.com</a>
<p>Park at Horseshoe Bay and wheel kayaks onto ferry. Launch 500m south of Nanaimo (Departure Bay) ferry terminal. Paddle along Newcastle Island and down Northumberland Channel: through False Narrows and Gabriola Passage, aiming to get through both close to slack, about 22km (12nmi). Then another 4km to the camp on a tiny islet that is Crown land in Flat Tops Group (there are no facilities). Next day: leisurely exploration of area and visit to Silva Bay. On third day, weather permitting, paddle east side of Gabriola and go around Entrance Island, back to Nanaimo (about 28km, 15nmi) and ferry home. Number of participants is limited because of the limited camping area. For more info, contact Frank.          Sign up by May 22.</p>			



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# MAY

Friday to Sunday	<b>Pacific Paddling Symposium</b>
May	<b>Cancelled</b>
<b>29,31</b>	



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# JUNE

<p>Wednesday June</p> <p><b>3</b></p>	<p><b>1A</b></p> <p><b>White Rock to Crescent Beach</b></p> <p>Launch: Marine Drive in White Rock west of Oxford Street. On the water: 10:00am. Paddle to Crescent Beach and Blackie Spit. Likely ice cream binge at Crescent Beach. Sign up by May 31.</p>	<p>Facilitator: Bruce Fisher <a href="mailto:brufish2@gmail.com">brufish2@gmail.com</a></p>
<p>Friday June</p> <p><b>5</b></p>	<p><b>3C</b></p> <p><b>Alouette Lake</b></p> <p>Launch: day beach. On the water: 10:00am. Bring water/lunch, perhaps a swim suit under your clothes, time permitting! We will paddle to the end of the lake and back. This will be a long day of paddling!!!! Sign up by June 2.</p>	<p>Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a></p>
<p>Friday to Sunday June</p> <p><b>5-7</b></p>	<p><b>2B</b></p> <p><b>Belcarra/Deep Cove to Granite Falls</b></p> <p>Launch: Belcarra. On the water: 9:00am. Launch: Deep Cove. On the water: 9:30am. Dual launch sites: Belcarra &amp; Deep Cove. Friday paddle will be 10 nmi along west shoreline of Indian Arm by Thwaytes Landing, Silver Falls, Bergs and Croker Island to campsite at Granite Falls. Return trip on Sunday will be along east shoreline by Helga Bay, Johnson, Buntzen Bay and Twin Islands. Leisurely day on Saturday exploring the north end of the fjord and up Indian River. Launch at 9am on the water at Belcarra followed by a 9:30am launch at Deep Cove where more overnight parking is available. Sign up by June 2.</p>	<p>Facilitator: Martin Desbois <a href="mailto:mtynes@hotmail.com">mtynes@hotmail.com</a></p>
<p>Saturday June</p> <p><b>6</b></p>	<p><b>Paddle Canada</b> <b>Moving Water for Sea Kayakers Clinic</b> <b>Vedder River</b></p> <p>For details, see <a href="#">Training</a>.</p>	<p>Contact: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a></p>
<p>Sunday June</p> <p><b>7</b></p>	<p><b>Paddle Canada</b> <b>Stroke, Rescue and Situational Clinic</b> <b>Whytecliff</b></p> <p>For details, see <a href="#">Training</a></p>	<p>Contact: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a></p>



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# JUNE

Saturday June  <b>13</b>	<b>2A</b>	<b>Introduction to Rolling Sasamat Lake</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
<p>Location: White Pine Beach, Sasamat lake, Port Moody. Start: 10:00am. We will do some dryland warmup and practice to understand body position and key elements to make for a successful roll. If you have a re-entry roll please come to practice. If you have a foam mat, yoga or otherwise or a towel bring it for the dryland exercises to keep the sand off your wet or drysuit. Bring your self re-entry paddle float and goggles. On the water at the north beach, parking lot F at 10:00am. Duration approx. 4 hours. Bring beverage and snacks/lunch. Wetsuit or drysuit required. Sign up by June 10.</p>			
Sunday June  <b>14</b>	<b>1A</b>	<b>PIKA Paddle &amp; Picnic Hayward Lake</b>	Facilitator: Debbie Clelland <a href="mailto:d-j@telus.net">d-j@telus.net</a>
<p>Launch: beach beside boat launch. On the water: 10:00am. Lunch: 12:30pm. This annual PIKA paddle and picnic is always well attended! There will be NO club meeting in June. Instead we gather at Hayward Lake for a short paddle or practice followed by a potluck picnic. You'll want to arrive early as Hayward Lake can get VERY busy! Plan for lunch around 12:30 p.m. Someone needs to babysit the food, so if you have a partner that is a non-paddler who would enjoy relaxing on the beach while we play on/in the water, please let me know! Sign up by June 10</p>			
Friday to Sunday June  <b>19-21</b>	<b>1B-2B</b>	<b>Pender Island</b>	Facilitator: Debbie Clelland <a href="mailto:d-j@telus.net">d-j@telus.net</a>
<p>Drive yourself and your kayak onto the Southern Gulf Islands ferry from Tsawwassen to Pender Island on Friday. Stay bunkhouse style or camp in the yard at Debbie's place on Pender. Fairly relaxed day trips Saturday and Sunday designed to see the area and its wildlife, to be decided with the people who sign up (likely around Bedwell Harbour/Port Browning area). You are welcome to bring a non-paddling partner or friend to do land-based exploration of Pender while the PIKA members go paddling Sign up by June 16</p>			
Saturday June  <b>27</b>	<b>1A</b>	<b>Hayward Lake</b>	Facilitator: Terri-Lee Binnie <a href="mailto:tbinnie@shaw.ca">tbinnie@shaw.ca</a>
<p>Launch: beach beside boat launch. On the water: 10:00am. Fun paddle on a lake with no boat traffic. Approximately 2 1/2 hours. circumnavigation. Perfect for beginners or any paddlers who want to practice turns around some of the submerged logs. Ample parking, clean washrooms, convenient boat launch. Pack a lunch. Sign up by June 23.</p>			



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2020 TRIPS, TRAINING and EVENTS CALENDAR**

# JULY

Friday to Sunday July	<b>2B-2C</b>	<b>Kyuquot Sound &amp; Mission Group</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
<b>3-12</b>	<p>Friday July 3 travel to Fair Harbour. Launch July 4, return to Fair Harbour on Sunday July 12. One-night camp in Fair Harbour. Expect relatively short paddle distances with stops in Rugged Point Marine Park and the Mission Group spending multiple nights at each campsite. There are some short distances in open waters. Camping gear, food and wetsuit or drysuit are required.</p> <p>Sign up by June 1.</p>		
Sunday July	<b>1B</b>	<b>Nicomen Slough</b>	Facilitator: Cathy Cook <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>
<b>5</b>	<p>Launch: Dewdney Boat Launch. On the water: 10:00am.</p> <p>We put in at the Dewdney Boat Launch near where Nicomen Slough empties into the Fraser River. You can access this by turning south off the Lougheed Highway onto River Road South.</p> <p>We will paddle up the slough, past the mouth of Norrish Creek, and possibly up the creek for lunch before returning to the launch site. To complete the paddle, we will be heading to the Dewdney Pub (Church of the Blues) for a de-brief.</p> <p>Sign up by July 2.</p>		
Wednesday July	<b>2A-3A</b>	<b>Jericho Beach to Wreck Beach</b>	Facilitator: Karen Jensen <a href="mailto:karen.jensen@hotmail">karen.jensen@hotmail</a>
<b>15</b>	<p>Launch: Spanish Banks West Parking Lot B (by the offleash dog park). On the water: 6:00pm.</p> <p>Handrail the shoreline from Jericho to Wreck Beach (time permitting) and back. This area can get some strong winds &amp; waves, so may be adjusted depending on the weather, conditions and the group. Wetsuit or drysuit needed. Off the water by 8:00pm so we can relax on the beach with a snack and beverage to watch the sunset at 9:15pm.</p> <p>Maximum 4. Sign up by July 12.</p>		





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# JULY

Friday to Sunday	<b>2B-3B</b>	<b>Mayne Island to Prevost Island</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
July	<b>17-19</b>	<p>Friday: Wheel on a morning ferry, Tsawwassen to Mayne Island. Launch in Village Bay at the beach, paddle out to Enterprise reef and check for passing ferries before crossing to Hawkins Island. From there, north along Prevost to James Bay where we set up camp. Distance 8 km (4.3 nmi).</p> <p>Saturday: Explore inlets &amp; islands on the west side of Prevost; may add the islands in Ganges Harbour if conditions permit.</p> <p>Sunday morning, we pack up camp and head south &amp; west around Prevost exploring as we go. Lunch break will be at Portlock Point. Our last crossing is over to Dinner Point and back to Village Bay by 3pm.</p> <p>Sign up by July 14.</p>	
Sunday	<b>2B</b>	<b>Gulf Islands Day Trip</b>	Facilitator: James Jordan <a href="mailto:haggis11@telus.net">haggis11@telus.net</a>
July	<b>19</b>	<p>Launch: Village Bay. On the ferry: 7:00am.</p> <p>A day paddle From Village Bay on Mayne Island over to Roe Islet on North Pender Island. We wheel on the ferry at Tsawwassen for a full day and a worthwhile trip. Maximum 8 paddlers. Sign up by July 16.</p>	
Friday to Friday	<b>2A-2B</b>	<b>Read Island</b>	Facilitator: George McFarlin <a href="mailto:george.mcfarlin@shaw.ca">george.mcfarlin@shaw.ca</a>
July	<b>24-31</b>	<p>This trip will be in most part a relaxing kayak camping trip with lots of time to explore or just relax and read a book. In 7 days, we should be able to circumnavigate Read Island with a possible stop over at Surge Narrows depending on the group. Bring a fishing line you might get lucky. Everyone will have a chance to cook one supper for the group with appies and dessert.</p> <p>Meet at Heriot Bay boat launch on the afternoon of July 24. Paddle to Breton Island campsite about 35-minute paddle and set up camp for Friday night. We will return to Breton Island for our last night of camping and the next morning return to Heriot Bay and head home. Marine charts 3538 and 3539 cover the area to be paddled. Minimum immersion gear: neoprene wetsuit.</p> <p>Maximum 8 kayakers. Sign up by May 1.</p>	
Friday to Saturday	<b>3B</b>	<b>Alert Bay and Johnstone Strait</b>	Facilitator: Brenda Viala <a href="mailto:brenda.bjboo@gmail.com">brenda.bjboo@gmail.com</a>
July/August	<b>31-8</b>	<p>This trip starts on Cormorant Island, northeast of Telegraph Cove on July 31. Paddle destinations on August 1st may include Pearse Islands, Plumper Islands and Kaikash Creek in Johnstone Strait, to be decided by the participants when we arrive. Some paddlers may choose to participate in the annual <a href="#">Alert Bay 360</a> on August 2 (non-PIKA kayak race, see <a href="#">Events</a>.), others may choose to do a leisurely circumnavigation of Cormorant Island. Mandatory meeting will be held in April.</p> <p>Sign up by March 31.</p>	



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2020 TRIPS, TRAINING and EVENTS CALENDAR**

# AUGUST

Friday to Sunday August <b>7-9</b>	<b>3C</b>	<b>Darcy Island</b>	Facilitator: Frank Wilson <a href="mailto:frankjwilson@gmail.com">frankjwilson@gmail.com</a>
Saturday August <b>8</b>	<b>2B</b>	<b>Crescent Beach to White Rock</b>	Facilitator: John Harris <a href="mailto:john_harris@exportpackers.com">john_harris@exportpackers.com</a>
Sunday August <b>9</b>	<b>1A</b>	<b>Hicks Lake Splashfest</b>	Facilitator: James Jordan <a href="mailto:haggis11@telus.net">haggis11@telus.net</a>
Thursday to Sunday August <b>20-23</b>	<b>2B-3B</b>	<b>Mayne/S. Pender/Portland Islands</b>	Facilitator: James Jordan <a href="mailto:haggis11@telus.net">haggis11@telus.net</a>



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2020 TRIPS, TRAINING and EVENTS CALENDAR**

# AUGUST

Thursday to  
Friday  
August

**2B-3B**

**Broughton Archipelago**

Facilitator: Cathy Cook

[paddlingma@gmail.com](mailto:paddlingma@gmail.com)

**20-  
28**

The trip will start with one night at the picturesque Telegraph Cove resort. Some of the group will stay overnight August 20, the others on August 21. This is because the water taxi from Telegraph Cove that takes us to the Paddlers' Inn can't accommodate the whole group at once. Departure will be staggered as well, with each group having 7 nights of glamping at the Paddlers' Inn. To see what the Paddlers' Inn is like, see <https://paddlersinn.ca/>.

Broughton Archipelago is a pristine, mostly protected paddling area east of Telegraph Cove. Each day's paddle will be determined by the group the night or days before, depending on how adventurous the group is and what the weather looks like. At night we'll gather around the common area and even dip our paddles into the water to see the bioluminescence. Hikes around the island are also a possibility.

Maximum number: 14. Planning meeting in May.

Sign up by April 24.



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# SEPTEMBER

Saturday September	<b>3C</b> 12 nmi (14 statute miles)	<b>Upper Fraser River Yale to Hope</b>	Facilitator: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
<b>5</b>	<p>Meetup: Hope. Time: 9:00am.</p> <p>This section of the Fraser most resembles conditions found in some of the local tidal passes. Big volume river with few obstructions. Using the <a href="#">International Scale of River Difficulty</a> (note that this bears no relation to the PIKA classification) some sections could be rated as high as a big volume grade 2, depending on your route, since it is a wide river with many currents. We will hit as many eddies as we can and practice manoeuvres. Trip depends on water levels.</p> <p>Paddlers should have Paddle Canada Level 2 equivalent or better sea kayak skills, including the ability to manoeuvre in fast moving water, good self rescue skills, and should feel confident in big water. If you are at all unsure about this trip, paddle from Hope to Island 22 first and see how you like it. Then expect that this upper section is bigger and faster, with currents of 6 to 8 knot.</p> <p>Wetsuit or drysuit and helmet required</p> <p>Sign up by September 2.</p>		
Monday September	<b>3D</b> 27 nmi	<b>Fraser River Hope to Chilliwack</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
<b>7</b>	<p>Launch: Hope. On the water: 9:00am.</p> <p>Arrive in Chilliwack at 3:00pm</p> <p>Sign up by September 4.</p>		
Wednesday September	<b>PIKA Monthly Meeting</b>		
<b>9</b>	Harmsworth Hall, 7:30pm		
Wednesday to Tuesday September	<b>2B-2C</b>	<b>Broken Group Islands</b>	Facilitator: Martin Desbois <a href="mailto:mtydes@hotmail.com">mtydes@hotmail.com</a>
<b>9-15</b>	<p>Launch from Secret Beach Campground (Toquaht Bay). 6 days and 5 nights in the Pacific Rim National Park Reserve. Paddle routes &amp; distances will be adjusted according to skills of group. Pre-trip meeting in June.</p> <p>Sign up by June 12.</p>		



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2020 TRIPS, TRAINING and EVENTS CALENDAR**

# SEPTEMBER

Friday to Sunday September  <b>11-13</b>	<b>2B-2C</b>	<b>Gulf Islands</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
Sunday September  <b>13</b>	<b>1B</b>	<b>Cultus Lake</b>	Facilitator: Cathy Cook <a href="mailto:paddlinggma@gmail.com">paddlinggma@gmail.com</a>
Friday to Sunday September  <b>18-20</b>	<b>2B-3C</b>	<b>Tofino</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>
Sunday September  <b>20</b>	<b>1B</b>	<b>Brae Island to Kanaka Creek</b>	Facilitator: John Halliday <a href="mailto:johall88@telus.net">johall88@telus.net</a>



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2020 TRIPS, TRAINING and EVENTS CALENDAR**

# SEPTEMBER

Friday to Sunday September	<b>2B</b>	<b>Pitt Lake to Osprey Campsite</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>
<b>25- 27</b>		Launch: Grant Narrows. On the water: 10:00am. This is a beautiful campsite with a scenic paddle on one of the world's largest tidal lakes. There is a \$10 fee/night for overnight parking. Friday: Stop for lunch along the way. Distance to campsite is approx. 9 nmi Saturday: conditions permitting, paddle to north end of the lake, approx. 9 nmi. Sunday: return with a stop at the falls, arriving at Grant Narrows by 3:00pm. Wetsuit or drysuit required as well as camping gear, food and water. Sign up by June 22.	
Sunday September	<b>3C</b> 15 nmi	<b>Anvil Island and Pam Rocks</b>	Facilitator: Phillip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>
<b>27</b>		Launch: boat ramp at Porteau Cove Marine Park. On the water: 9:00am. Circumnavigate Anvil I., Christie Its., & Pam Rocks. Many seals on Pam Rocks & birds on Christie Its. Wind and waves can rise quickly in Howe Sound. Few landing sites on Anvil I. Wetsuit or drysuit required. Bring water and lunch. Sign up by September 24	



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# OCTOBER

Friday October  <b>2</b>	<b>2A</b>	<b>Ladner Sunset</b>	Facilitator: Brenda Viala <a href="mailto:brenda.bjboo@gmail.com">brenda.bjboo@gmail.com</a>
<p>Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 5:30pm. Enjoy a beautiful Ladner Marsh paddle (rain or shine) Sunset 6:48 Moonrise 7:33 Stop at this launch location to drop off your gear &amp; park your vehicle in the large parking lot across the street. Optional Appy &amp; bev at Speeds Pub after paddling. Mandatory gear: wetsuit or drysuit &amp; DECK LIGHTS. Sign up by September 29.</p>			
Saturday October  <b>3</b>	<b>2C</b>	<b>Crescent Beach to White Rock</b>	Facilitator: Frank Wilson <a href="mailto:frankjwilson@gmail.com">frankjwilson@gmail.com</a>
<p>Launch: Target Street in Crescent Beach. On the water: 10:30am. We could make this a friendly challenge - to complete the paddle from the Government pier in Crescent Beach round the end of the pier in White Rock and back to Crescent Beach - non stop in under 3 hours. Sign up by September 30.</p>			
Sunday to Wednesday October  <b>4-7</b>	<b>2B-2C-3C</b>	<b>Quadra Island Surge Narrows</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<p>This is an opportunity to play in 6 to 8 knot currents in Surge Narrows. It is also an opportunity to paddle to lots of interesting places with amazing sea life. Hence the range in the trip classification. We stay in Discovery Lodge. We bring our own food and cook in groups so that you are only responsible for one dinner in the 3 nights you are there. Lunch and breakfast are individual. There is a large communal kitchen and a wonderful big living room with a fireplace. The beds are comfortable and the view is to die for. There are some nearby trails to hike as well. Wetsuit or drysuit needed. Cost will be around \$200 per person for the 3 nights at the lodge. Less than that if we are at capacity. Spots are limited. Sign up by April 30.</p>			
Wednesday October  <b>14</b>	<b>PIKA Monthly Meeting</b> Harmsworth Hall, 7:30pm		



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# OCTOBER

Saturday October  <b>17</b>	<b>2C</b>	<b>Ladner Marsh</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>  Launch: Sharkey's in Ladner at the wharf. On the water: 9:00am. 3-hour paddle. Sign up by October 14.
Sunday October  <b>18</b>	<b>2B</b>	<b>Harrison River</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>  Meetup: Kilby. Shuttle starts: 9:30am. The annual Harrison River paddle. Meet at Kilby, shuttle to Harrison Hot Springs. Sign up by October 15.
Friday to Sunday October  <b>23- 25</b>	<b>1A</b>	<b>Newcastle Island</b>	Facilitator: James Jordan <a href="mailto:haggis11@telus.net">haggis11@telus.net</a>  Wheel on the ferry at Horseshoe Bay and off at Departure Bay Nanaimo. An easy paddle over to Newcastle to camp. Tour the island, track the elusive <a href="#">Kermodi raccoon</a> , and a bit of paddling to watch for sea lions and other critters. The date may get changed, depending on the BCMTN AGM in Nanaimo. Sign up by October 20.
Saturday October  <b>24</b>	<b>3C</b>	<b>Ladner to Steveston</b>	Facilitator: Sonny Zlotnik <a href="mailto:zlotnik_sonny@hotmail.com">zlotnik_sonny@hotmail.com</a>  Launch: Sharkey's in Ladner at the wharf. On the water: 9:00am. Paddle to Gary Point Park in Steveston. 6-hour paddle. Be back by 3:00pm. Sign up by October 21.
Saturday October  <b>31</b>	<b>1A</b>	<b>Buntzen Lake Halloween &amp; Hot Chocolate</b>	Facilitator: Karen Jensen <a href="mailto:karen.jensen@hotmail.com">karen.jensen@hotmail.com</a>  Launch: boat launch in day use area. On the water: 10:30am. Paddle around the lake with a mid-point stop at the north end beach for lunch and hot chocolate. Wetsuit or drysuit required, non-restrictive costume optional. Bring lunch, snacks, treats, water and travel mug. I'll bring my stove to boil water and the hot chocolate mix – but BYOM (bring your own marshmallows). Maximum 7. Sign up by October 26.





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# NOVEMBER

Saturday November	<b>3C</b>	<b>Ladner to Steveston</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<b>1</b>	Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 11:00am. Paddle to Steveston via the Fraser River. Lunch in Steveston then back to Ladner via the east side of Westham Island. Wetsuit or drysuit required. Back approximately 4:30pm. Bring a lunch. Sign up by October 28.		
Saturday November	<b>2C-3C</b> 13.3 nmi	<b>Boundary Bay Crossing</b>	Facilitator: John Drent <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
<b>7</b>	Launch: Target Street in Crescent Beach. On the water: 9:30am. Big crossing practice. We cross Boundary Bay from Crescent Beach to Centennial Beach in Tsawwassen, and back, just so we can say we did it. Boundary Bay is usually quite tame, but a southerly wind can produce some big waves in this shallow bay. This is semi protected water, but it is still a big crossing, and, as with all big crossings, the objective is to cross before the weather changes. Not a sightseeing tour. Wetsuit or drysuit required. Sign up by November 5		
Sunday November	<b>1B-2B</b>	<b>Barnet to Deep Cove</b>	Facilitator: James Jordan <a href="mailto:haggis11@telus.net">haggis11@telus.net</a>
<b>8</b>	Launch: Barnet Marine Park. On the water: 10:30am. Paddle up Indian Arm to the end of Belcarra, and over to Deep cove. Donut run up to Honeys in Deep Cove optional. Sign up by November 5.		
Wednesday November	<b>PIKA Monthly Meeting</b> Harmsworth Hall, 7:30pm		
<b>11</b>			
Sunday November	<b>2C</b> 12 nmi	<b>Whytecliff to West Vancouver</b>	Facilitator: John Bakker <a href="mailto:jbakker042@gmail.com">jbakker042@gmail.com</a>
<b>15</b>	Launch: Whytecliff Park. On the water: 10:00am. From Whytecliff, follow the shoreline past Lighthouse Park. We will stop for lunch at West Bay Park and return. Finish time 3 pm. Wetsuit or drysuit required; expect cold conditions. Bring a lunch and suitable liquid refreshment. Sign up by November 12.		



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# NOVEMBER

Sunday November	<b>2C</b> 14 nmi	<b>Deep Cove to Silver Falls</b>	Facilitator: Phillip Kubik <a href="mailto:philroku@gmail.com">philroku@gmail.com</a>
<b>22</b>	Launch: Deep Cove Canoe and Kayak Centre. On the water: 9:30am. Deep Cove to Silver Falls and back. Wetsuit or drysuit required. Bring water and lunch. Sign up by November 19.		
Saturday November	<b>3C</b>	<b>Westham Island Circumnavigation</b>	Facilitator: Pat Jones <a href="mailto:1roughcutdiamond@gmail.com">1roughcutdiamond@gmail.com</a>
<b>28</b>	Launch: Wellington Point, 3653 River Road West, Ladner. On the water: 10:00am. Wetsuit or drysuit required. Bring snacks or lunch and water. Approx. 4 hours. Sign up by November 25.		
Saturday November	<b>BCMTN Annual General Meeting</b>		
<b>28</b>	Held on Vancouver Island. <b>Date is tentative.</b> Registration required. Watch for update in PIKA newsletter.		



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# DECEMBER

Wednesday December <b>9</b>	<b>PIKA Christmas Party and Potluck Dinner</b>	Harmsworth Hall. Watch for details in newsletter.	
Sunday December <b>13</b>	<b>2A Ladner Marsh Paddle &amp; Pub Lunch</b>	Facilitator: Brenda Viala <a href="mailto:brenda.bjboo@gmail.com">brenda.bjboo@gmail.com</a>	Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 10:00am. Stop at this launch location to drop off your gear & park your vehicle in the large parking lot across the street. Take a break from all the Christmas chaos! After our paddle we'll enjoy lunch at Speeds Pub (they make some yummy warming soups!). Wetsuit or drysuit required. Sign up by December 10.

# JANUARY 2021

Friday January <b>1</b>	<b>1A White Rock Polar Plunge</b>	Facilitator: Doug Childress <a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a>	Launch: White Rock. On the water: 10:00am. Park on Marine drive (the westerly end of the promenade), at the parking lot next to Bayview Park. Every year crowds gather to watch hundreds of brave souls in swimsuits and funny costumes celebrate the New Years by going for a first-day-of-the-year swim in the ocean. Come join the festivities to celebrate the 51st annual event. The swim kicks off at noon. We will be on the water at 10:00am for a short paddle then observe the event. We should be off the water by 2pm. Dress warmly and bring a hot beverage and lunch. Wetsuit or drysuit required. ➔ You must be registered as a PIKA member for 2021 to participate in this trip. Sign up by December 29, 2020.
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**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2020 TRIPS, TRAINING and EVENTS CALENDAR**

# **CLINICS AND PRACTICES**

For PIKA members only, the following clinics and practice sessions are included in the calendar. Sign up is the same as for a PIKA paddle. For details, see referenced dates in the calendar.

**Towing Clinic at Blackie Spit, April 19**

**Practice Session at Cultus Lake, April 26**

**Directional Control Clinic at Hayward Lake, May 3**

**Introduction to Rolling at Sasamat Lake, June 13**

**Splashfest at Hicks Lake, August 9**



# PADDLE CANADA TRAINING

<b>Saturday</b> <b>May</b>  <b>2</b>	<b>Paddle Canada Basic Kayak Skills</b> <b>Deer Lake</b>  This course is a great introduction to the sport for those with limited or no previous kayak experience. This 1-day course covers the basics needed to get started sea kayaking and teaches you the skills you need to participate in PIKA class 1 trips. Emphasis is on practical paddle skills with 6 hours on the water, and includes assisted re-entries.  Start time is TBA.  Since this is Paddle Canada course, PIKA membership is not required. Invite your friends. Participants must sign Paddle Canada waivers.  Fee: \$75.00, payable to the instructor.  If you need to rent a kayak, a limited number are available, so sign up early.  Sign up by April 29.	Instructors: John Drent, John Bakker <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>
<b>Saturday &amp; Sunday</b> <b>May</b>  <b>23,24</b>	<b>Paddle Canada Level 1 Skills</b> <b>Barnet and Crescent Beach</b>  Building on Basic Kayak Skills, this 2-day course is conducted in rougher water. There is a strong focus on re-entry techniques, with students practising both assisted and solo re-entries, as well as the skills required to safely plan and execute a day trip. This course teaches you the skills you need to participate in PIKA class 2 trips.  Prerequisites: <ul style="list-style-type: none"><li>• Paddle Canada Basic Kayak Skills certification or equivalent skills and knowledge at the discretion of the instructor, including the ability to execute a controlled wet exit and assisted re-entry.</li><li>• Five kayaking excursions (2 to 3 hours each) in any conditions.</li></ul> Since this is Paddle Canada course, PIKA membership is not required. Invite your friends. Participants must sign Paddle Canada waivers.  Fee: \$150.00, payable to the instructor.  If you need to rent a kayak, a limited number are available, so sign up early.  Wetsuit or drysuit required  Register by May 20.	Instructors: John Drent Doug Childress <a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a>

Continued on next page



**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
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# PADDLE CANADA TRAINING

<b>Saturday</b> <b>June</b>	<b>Paddle Canada</b> <b>Moving Water for Sea Kayakers Clinic</b> <b>Vedder River</b>	Instructors: John Drent Doug Childress Pat Jones
<b>6</b>	<p>9:30am meet at Keith Wilson Bridge.</p> <p>This is a Paddle Canada-recognized clinic. Paddlers should have strong Paddle Canada Level 1 Skills or equivalent experience and be very comfortable with their strokes and balance.</p> <p>This clinic is a good preparation for the Paddle Canada Level 2 Skills course or as a review for PC 2 graduates. We teach and practice "reading" currents and manoeuvring in moving water. This section of the Vedder is relatively tame, but we'll have a few instructors ready to assist if needed.</p> <p>Pretty much any kayak will do but it will be easier to develop skills in shorter boats. We have a few plastic boats to rent at \$40.00 for the day. Bring your own paddle and call well in advance.</p> <p>Group size is limited to maximum of 8 paddlers, so sign up early. Each participant must sign a Paddle Canada waiver and pay a \$5.00 fee.</p> <p>Wetsuit or drysuit and helmet required.</p> <p>Get ready for a fun day on the river.</p> <p>Register by June 2.</p>	<p><a href="mailto:jtrdrent@telus.net">jtrdrent@telus.net</a></p>
<b>Sunday</b> <b>June</b>	<b>Paddle Canada</b> <b>Stroke, Rescue and Situational Clinic</b> <b>Whytecliff</b>	Instructors: Doug Childress and others
<b>7</b>	<p>This is a Paddle Canada-recognized clinic. Participants will be entered into the Paddle Canada database upon completion. There is a \$5.00/participation fee paid to Paddle Canada which covers the insurance and admin fees. Each participant must sign a Paddle Canada waiver.</p> <p>The clinic covers advanced re-entry skills, strokes and situations you could encounter during group paddles, where efficient and speedy action is required.</p> <p>Launch from Whytecliff Park. We will paddle a relatively short distance while practicing as we paddle.</p> <p>Expect to get wet. Wetsuit or drysuit required. Bring wheels. Lunch and a hot beverage are recommended.</p> <p>Arrive early as parking is limited. On the water at 10:00am. Duration: 6 hours</p> <p>Sign up by June 4.</p>	<p><a href="mailto:doug_childress@hotmail.com">doug_childress@hotmail.com</a></p>



# TRAINING

Other recommended sources for Paddle Canada training are:

[BC Kayak Centre](#) – Mike Gilbert

[Blue Dog Kayaking](#)– Dave Nichols

[West Beach Paddle](#) - David Dreves

# VHF Radio Certification

**Saturday VHF Radio Certification Courses**

Instructor: Mike Gilbert

**March**

[mgilbert1600@gmail.com](mailto:mgilbert1600@gmail.com)

**7  
and  
28**

With successful completion of either of these 1-day courses, you receive your Radio Operators Certification (ROC) which is good for life. It is the law to have a ROC in order to operate a VHF radio. Course includes the manual, material, exam and processing fee for the licence.

Location: Richmond, BC

Fee: \$145.00 payable to the instructor

# TRIP FACILITATOR TRAINING

**Sunday Trip Facilitator Training**

Contact: Cathy Cook

**February**

[paddlinggma@gmail.com](mailto:paddlinggma@gmail.com)

**23**

Learn how to plan and run a PIKA trip. You must complete this training before you can facilitate a PIKA trip.

Facilitators must keep current by taking this training at least once every two years.

Facilitator training takes place on Sunday February 23rd starting at 10:00am.

There is a short break for lunch which you need to purchase. The training finishes around 3:00 pm.

The training will be held in the meeting room in the White Spot Restaurant, just south of Fraser Highway on 264th Street, Aldergrove. It's attached to the Best Western and there is a side door to access it so you don't need to go through the restaurant.



# POOL SESSIONS FAQ

**PIKA pool sessions:** January 25, February 1, 15, 22 and March 7, 2020.

*What happens at the pool sessions?*

The primary goal of the pool sessions is to give people a safe environment to practice assisted & self-re-entries. Everyone in the club is required to do an assisted re-entry every year to be allowed to participate in a PIKA class 1 paddle, and to do a solo re-entry as well for higher classification paddles. We also work on building skills, such as edging, bracing and rolling.

*Do I get help?*

PIKA volunteers will be on hand to help you. You also can team up with other participants.

*Do we need to register in advance for the pool sessions?*

Yes, pool sessions are booked in advance by contacting John Bakker, [jbakker042@gmail.com](mailto:jbakker042@gmail.com)

*What do they cost?*

Pool sessions are \$20 per person, per session. You will be given payment information with your confirmation email.

*What do we need to bring to the pool sessions?*

Please bring your boat, PFD, paddles, paddle float and other rescue gear to practice in the pool. Your boat must be clean, inside and out. Wetsuit or drysuit is not required; I use a bathing suit and a neoprene vest.

*Where are they held?*

The pool sessions are held at the Tong Family YMCA which is located at: 14988 57 Ave Surrey, at the intersection of Hwy #10 and Panorama Drive. phone number 604 575 9622. The entrance to the parking lot is on 57th Avenue; drive to the very farthest area of the parking lot at the south east corner of the building. Parking is free. You will see a set of steps leading to a double door at the back of the pool; this is our entrance. We work as a group to move the boats in & out. Everyone uses the universal change rooms which have private booths to change in and lockers.

*Who can attend?*

Pool sessions are for PIKA members only.

*What time do they start?*

Sessions are from 9PM – 11PM. Please arrive no later than 8:30 to unload boats & get changed. We get out of the water at 10:30 to give time to shower and load boats. You can practice for the full 90 minutes, or as short as you feel comfortable. Many people relax in the hot tub at the end of practice.

*What communication can I expect to get?*

An email is sent to you a few days before the session with final details.





**PACIFIC INTERNATIONAL KAYAK ASSOCIATION**  
**2020 TRIPS, TRAINING and EVENTS CALENDAR**

# EVENTS

<b>Saturday</b> <b>April</b> <b>4</b>	<b>BC Marine Trails Network Spring Environmental Forum</b> <b>Cancelled</b>	
<b>Sunday</b> <b>April</b> <b>26</b>	<b>Cultus Lake PIKA booth</b>  PIKA booth at <a href="#">Western Canoe &amp; Kayak Paddle Expo</a> . Sign up with Stan to help out.	Contact: Stan Matier <a href="mailto:smatier@shaw.ca">smatier@shaw.ca</a>
<b>Friday to Sunday</b> <b>May</b> <b>29,31</b>	<b><a href="#">Pacific Paddling Symposium</a></b> <b>Cancelled</b>	
<b>Friday to Monday</b> <b>July/August</b> <b>31-2</b>	<b>Alert Bay 360</b>  Explore and camp on Cormorant Island. Participate in the annual <a href="#">Alert Bay 360</a> kayak race and enjoy all the other fabulous events: participant BBQ, seafood feast, awards ceremony and prize draws. This event is limited to 200 paddle craft. Mandatory meeting will be held in April. Sign up by March 31.	Facilitator: Brenda Viala <a href="mailto:brenda.bjboo@gmail.com">brenda.bjboo@gmail.com</a>